



Happy New Year!

The New York Times **Smarter Living**

Pick the Right Resolution

Create Your Plan

Leap Over Hurdles

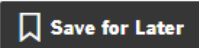
Find a Community

If You Miss Your Goal

How to Make (and Keep) a New Year's Resolution



By Jen A. Miller @byJenAMiller



Are you making a resolution for 2018? Warning: More than half of all resolutions fail, but this year, they don't have to be yours. Here's how to identify the right resolution to improve your life, create a plan on how to reach it, and become part of the small group of people that successfully achieve their goal.

SMART Goals = Specific, Measurable, Achievable,
Relevant, Time-bound



My inspiration: datasketch.es

The screenshot shows the homepage of data sketch|es. At the top, there is a logo with the letters 'n&s' in a circular frame, followed by the text 'data sketch|es' and 'a Noah & Wesley collaboration'. Below this is a newsletter sign-up form with the text 'Sign up for our newsletter' and a 'Subscribe' button. There are two social media icons: 'Twitter 123 posts' and 'Medium 729 articles'. The main content area features several article teasers, each with a title, a brief description, and a 'Read more...' link. The teasers include: 'Fun' (Investigating Cambridge Sokata & Taylor Swift who can make an enthusiastic like nobody else), 'Myths & Fairytales' (Who seriously still working on this? True or!), 'Community' (Exploring our activities in communities, from playgrounds to charts (swamp) & a deep dive into the case of slants), 'Culture' (Teaming up with Google News Labs to dig into music discovery and creative behavior), 'April' (Does it just need to be the write-up :P), and 'March 11' (Is Attraction Other News From History Arts).

This screenshot displays a grid of article teasers from the data sketch|es website. Each teaser consists of a colorful data visualization, a title, a short description, and a 'Read more...' link. The articles shown are: 'Nature' (Getting creative with baselines and Peter Dinklage's art), 'Nostalgia' (Taking a trip down memory lane with Dragon Ball Z, Harry Potter fan fiction & a year of Scribble), 'Music' (Looking at 2010's Top 2000s and 2007's 1000 songs), 'Books' (Searching for patterns in Fantasy titles and musical lyrics), and 'Presidents & Royals' (Taking a closer look at some very famous families). The visualizations include network graphs, bar charts, and abstract patterns.



My OHDSI Resolution

- One health story per month for one year
 - Select a health story based on topical area of interest
 - Generate evidence about a disease that's interesting which can't find elsewhere
 - Blog the process of how the evidence was generated using the OHDSI tools
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Health stories to consider

January: Thyroid Awareness Month

February: American Heart Month

March: National Endometriosis Awareness

April: National Autism Awareness Month

May: Arthritis Awareness Month

June: Cataract Awareness Month

July: World Hepatitis Day (July 28)

August: National Immunization Awareness Month

September: National Atrial Fibrillation Awareness Month

October: World Mental Health Day (Oct10)

November: American Diabetes Month

December: Crohn's & Colitis Awareness Week (Dec1-7)



What does ACHILLES tell us?





What's your OHDSI resolution?

- Sigfried: write a position paper on CDM and the implications to interoperability more broadly
- Clair: make our materials as useful and accessible to community newcomers
- Peter: expand OHDSI in Europe, starting with March 23 OHDSI Symposium in Rotterdam!
- Kristin: post more questions to forums, no more private emails 😊 sharing incomplete thoughts is good 😊
- Christophe: integrate LocalControl tools into ATLAS