Happy New Year!

How to Make (and Keep) a New Year's Resolution

Are you making a resolution for 2018? Warning: More than half of all resolutions fail, but this year, they don’t have to be yours. Here’s how to identify the right resolution to improve your life, create a plan on how to reach it, and become part of the small group of people that successfully achieve their goal.

SMART Goals = Specific, Measurable, Achievable, Relevant, Time-bound
My inspiration: datasketch.es
My OHDSI Resolution

• One health story per month for one year
• Select a health story based on topical area of interest
• Generate evidence about a disease that’s interesting which can’t find elsewhere
• Blog the process of how the evidence was generated using the OHDSI tools
Health stories to consider

**January:** Thyroid Awareness Month

**February:** American Heart Month

**March:** National Endometriosis Awareness

**April:** National Autism Awareness Month

**May:** Arthritis Awareness Month

**June:** Cataract Awareness Month

**July:** World Hepatitis Day (July 28)

**August:** National Immunization Awareness Month

**September:** National Atrial Fibrillation Awareness Month

**October:** World Mental Health Day (Oct10)

**November:** American Diabetes Month

**December:** Crohn’s & Colitis Awareness Week (Dec1-7)

https://www.healthline.com/health/directory-awareness-months
What does ACHILLES tell us?
What’s your OHDSI resolution?

• Sigfried: write a position paper on CDM and the implications to interoperability more broadly
• Clair: make our materials as useful and accessible to community newcomers
• Peter: expand OHDSI in Europe, starting with March 23 OHDSI Symposium in Rotterdam!
• Kristin: post more questions to forums, no more private emails 😊 sharing incomplete thoughts is good 😊
• Christophe: integrate LocalControl tools into ATLAS