Happy New Year!

Pick the Right Resolution   Create Your Plan   Leap Over Hurdles   Find a Community   If You Miss Your Goal
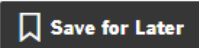
How to Make (and Keep) a New Year's Resolution

By Jen A. Miller @byJenAMiller

Save for Later

Are you making a resolution for 2018? Warning: More than half of all resolutions fail, but this year, they don't have to be yours. Here's how to identify the right resolution to improve your life, create a plan on how to reach it, and become part of the small group of people that successfully achieve their goal.

SMART Goals = Specific, Measurable, Achievable, Relevant, Time-bound

My inspiration: datasketch.es

My OHDSI Resolution

- One health story per month for one year

- Select a health story based on topical area of interest

- Generate evidence about a disease that's interesting which can't find elsewhere

- Blog the process of how the evidence was generated using the OHDSI tools

Health stories to consider

January: Thyroid Awareness Month

February: American Heart Month

March: National Endometriosis Awareness

April: National Autism Awareness Month

May: Arthritis Awareness Month

June: Cataract Awareness Month

July: World Hepatitis Day (July 28)

August: National Immunization Awareness Month

September: National Atrial Fibrillation Awareness Month

October: World Mental Health Day (Oct10)

November: American Diabetes Month

December: Crohn's & Colitis Awareness Week (Dec1-7)

What does ACHILLES tell us?

What's your OHDSI resolution?

- Sigfried: write a position paper on CDM and the implications to interoperability more broadly
- Clair: make our materials as useful and accessible to community newcomers
- Peter: expand OHDSI in Europe, starting with March 23 OHDSI Symposium in Rotterdam!
- Kristin: post more questions to forums, no more private emails☺ sharing incomplete thoughts is good☺
- Christophe: integrate LocalControl tools into ATLAS