

Save our Sisyphus Challenge:

Comparative effectiveness of
alendronate and raloxifene in
reducing the risk of hip fracture



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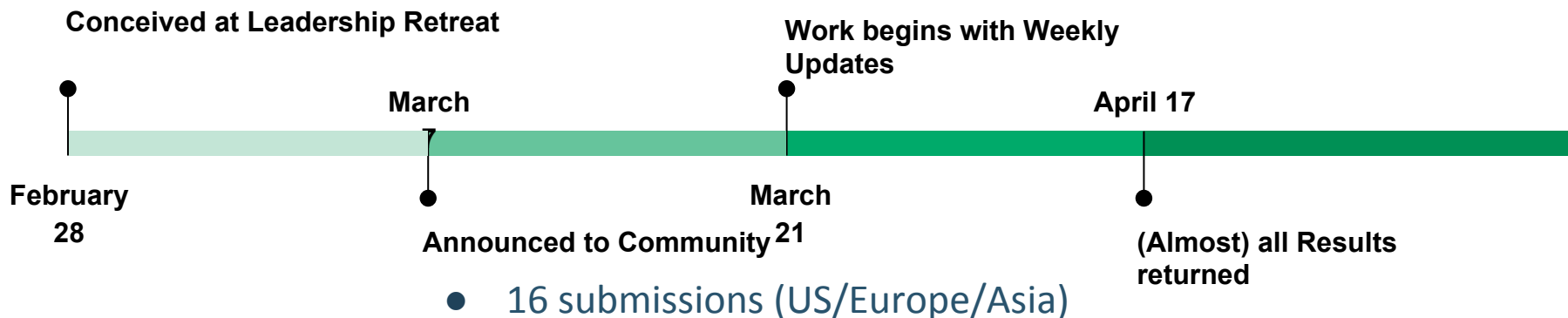


Save our Sisyphus challenge

- To demonstrate **community** capacity to address clinical questions from **design** through **execution** through **answers**
- A daunting, trans-disciplinary task



by Titan, 1548-9





19 community partners

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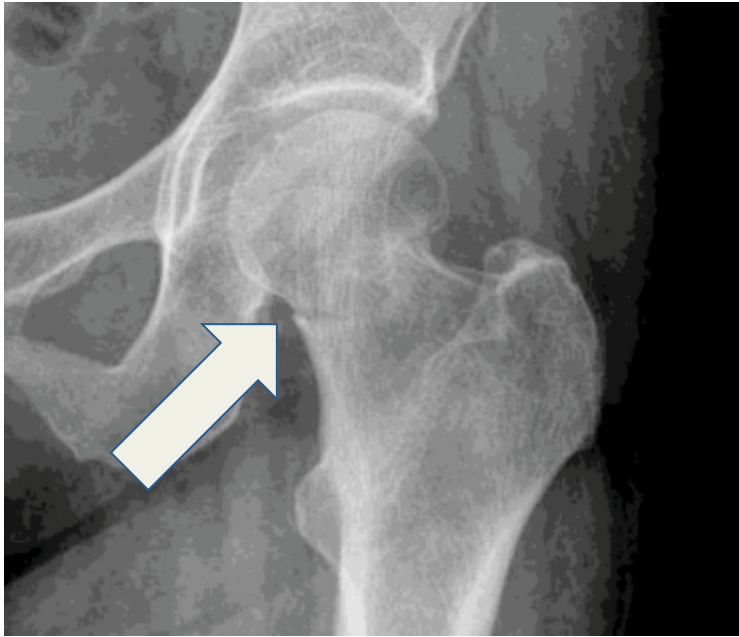
Mui Van Zandt, Quintiles-IMS





Clinical consult

60 y.o. female: playfully pushed by grandson and fell



- Left hip fracture (fx)
- Urgent surgery at 2AM
- T score: -2.6 → osteoporosis
- No previous treatment

On which osteoporosis drug
do I start her, ***alendronate*** or
raloxifene?





Effectiveness and safety

Osteoporosis: chronic ↑ bone resorption → fx's

Alendronate

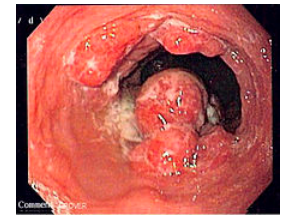
- Bisphosphonate (BP)
- ↓ risk (vs placebo, RCT) of vertebral and hip fx's
- Adverse effects:
 - Atypical femoral fx
 - Esophageal cancer
 - Osteonecrosis of the jaw



NEJM 1995; 333:1437-1444

Raloxifene

- Selective estrogen receptor modulator (SERM)
- **No** ↓ risk (vs placebo, RCT) of hip fx's
- Fewer adverse effects
- Alendronate vs raloxifene RCT of limited size



JAMA1999; 282:637-645
Bone 2007; 40:843-85



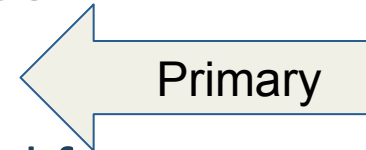
New-user cohort study design

Population:

- Women, > 45, with prior dx of osteoporosis, 2001 - 2012
- No prior BP, SERM, outcome, hip replacement, traumatic or pathological fx
- Min observation: - 365 → +90 days

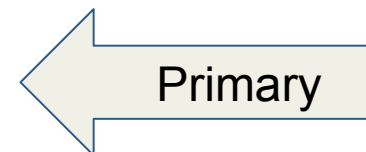
Outcomes:

- Hip fx
- Vertebral fx
- Atypical femoral fx
- Esophageal cancer
- Jaw osteonecrosis



Approach:

- Estimate exposure effect in outcome-free survival
- Risk window: +90 days → end of observation
- Propensity score stratified, full diagnostics and negative controls

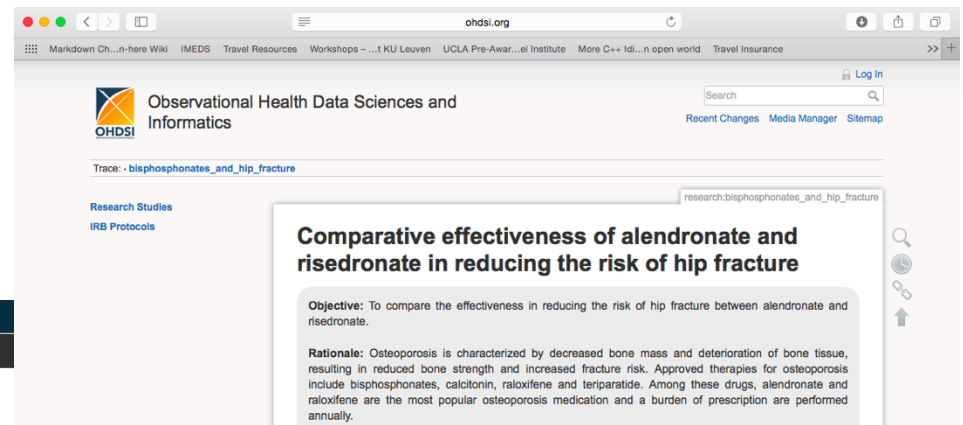




Open-source study: ATLAS / Cyclops / CohortMethod

To foster community participation, everything
was open:

Online protocol with
community feedback



ATLAS

Home

Data Sources

Vocabulary

Concept Sets

Cohorts

Incidence Rates

Profiles

Estimation

Jobs

Configuration

Feedback

Cohorts

Last Modified

2+ Weeks Ago (1329)

Last Week (19)

This Week (17)

Author

anonymous (1355)

system (10)

Column visibility

Copy

CSV

Show 15 entries

Showing 1 to 8 of 8 entries

(filtered from 1,365 total entries)

Id	Name	Created	Updated	Author
99321	OHDSI Sisyphus T: new users of alendronate in patients with osteoporosis	3/22/2017	3/28/2017	anonymous
99322	OHDSI Sisyphus C: new users of raloxifene in patients with osteoporosis	3/22/2017	3/28/2017	anonymous
99323	OHDSI Sisyphus O: new cases of hip fracture	3/22/2017	3/28/2017	anonymous
100791	OHDSI Sisyphus O2: new cases of vertebral fracture	3/28/2017	12/31/1969	anonymous
100792	OHDSI Sisyphus O3: new cases of non-hip non-vertebral fracture	3/28/2017	12/31/1969	anonymous
100793	OHDSI Sisyphus O4: new cases of osteonecrosis of jaw	3/28/2017	12/31/1969	anonymous
100794	OHDSI Sisyphus O5: new cases of esophageal cancer	3/28/2017	12/31/1969	anonymous
100795	OHDSI Sisyphus O6: new cases of atypical femoral fracture	3/28/2017	12/31/1969	anonymous

Showing 1 to 8 of 8 entries

(filtered from 1,365 total entries)

Objective: To compare the effectiveness of bisphosphonates and raloxifene in the treatment of osteoporosis.

Rationale: Osteoporosis is characterized by a loss of bone mass, resulting in reduced bone strength and an increased risk of fractures. The most commonly used medications to treat osteoporosis are bisphosphonates, calcitonin, raloxifene, and denosumab. Bisphosphonates are the most popular osteoporosis medications, used annually.

Filter: Sisyphus

Previous 1 Next

Full specified cohorts
and open-source
analysis



Data sources and unadjusted rates

Claims:

- IMS P-Plus
- Optum CEDM
- Truven CCAE
- Truven MDCR
- Truven MDCCD

EHR:

- Cerner UT
- Columbia
- Stanford

Outcome	Alendronate				Raloxifene			
	Patients	Years	Events	Rate	Patients	Years	Events	Rate
Hip fracture (fx)	265,820	982,458	7,738	7.88	39,149	148,257	1,007	6.79
Vertebral fracture	261,731	963,932	8,628	8.95	38,736	146,147	1,131	7.74
Atypical femoral fx	266,141	999,462	1,160	1.16	39,187	150,841	104	0.70
Esophageal cancer	266,222	1,002,196	220	0.22	39,166	150,970	34	0.23
Jaw osteonecrosis	266,301	1,002,578	101	0.10	39,195	151,080	9	0.06

Rate: incidence per 1,000 person-years

> 1 million person-years
of observation



Hip fractures by database

Data source	Alendronate			Raloxifene		
	Patients	Years	Events	Patients	Years	Events
IMS PPlus	78,155	245,336	1,216	10,742	34,711	117
Optum CEDM	67,100	262,467	2,495	10,167	40,528	323
Truven CCAE	64,003	228,085	432	10,534	38,655	63
Truven MDCR	47,576	210,908	3,247	6,459	29,840	457
Truven MD CD	4,570	16,454	209	369	1,340	19
Cerner EHR	2,644	8,867	100	787	2,740	23
Columbia EHR	1,131	7,696	24	49	298	<6
Stanford Stride	641	2,645	15	42	145	<6
Total	265,820	982,458	7,738	39,149	148,257	1,007

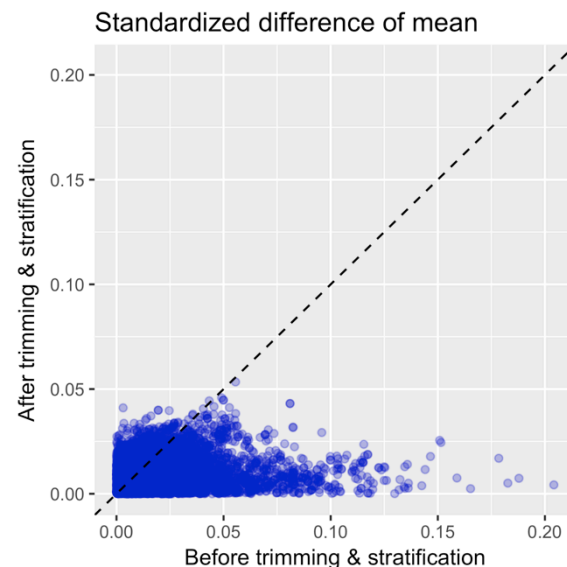
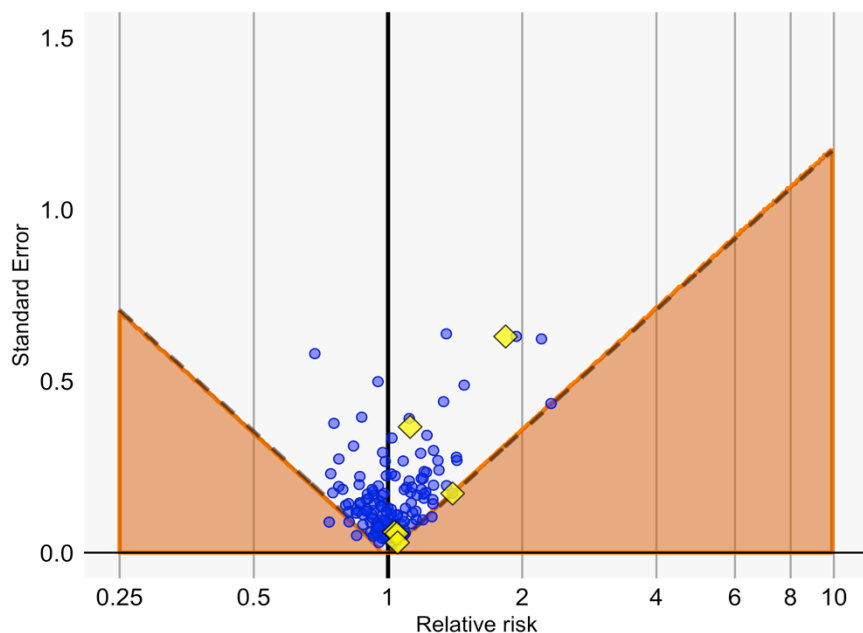
97% of patients from claims databases



Propensity scores / diagnostics

Optum CEDM

- Cohorts are well-balanced after stratification
 - PS raloxifene predictors:
Recent gyn exam, GERD, younger
- Negative controls show *minimal bias*



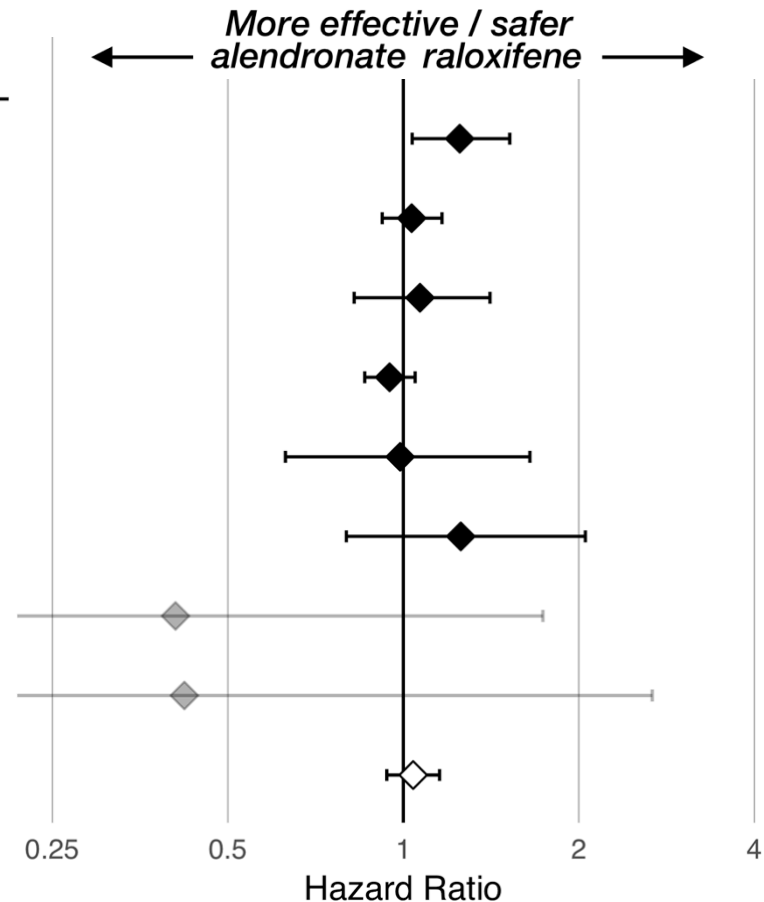
Achieved balance
across databases

Data source	Before	After
IMS PPlus	0.23	0.04
Optum CEDM	0.20	0.05
Truven CCAE	0.16	0.05
Truven MDCR	0.20	0.06
Truven MDCD	0.32	0.21
Cerner EHR	0.46	0.13
Columbia EHR	0.73	0.44
Stanford Stride	0.45	0.44



Hip fracture hazard ratio

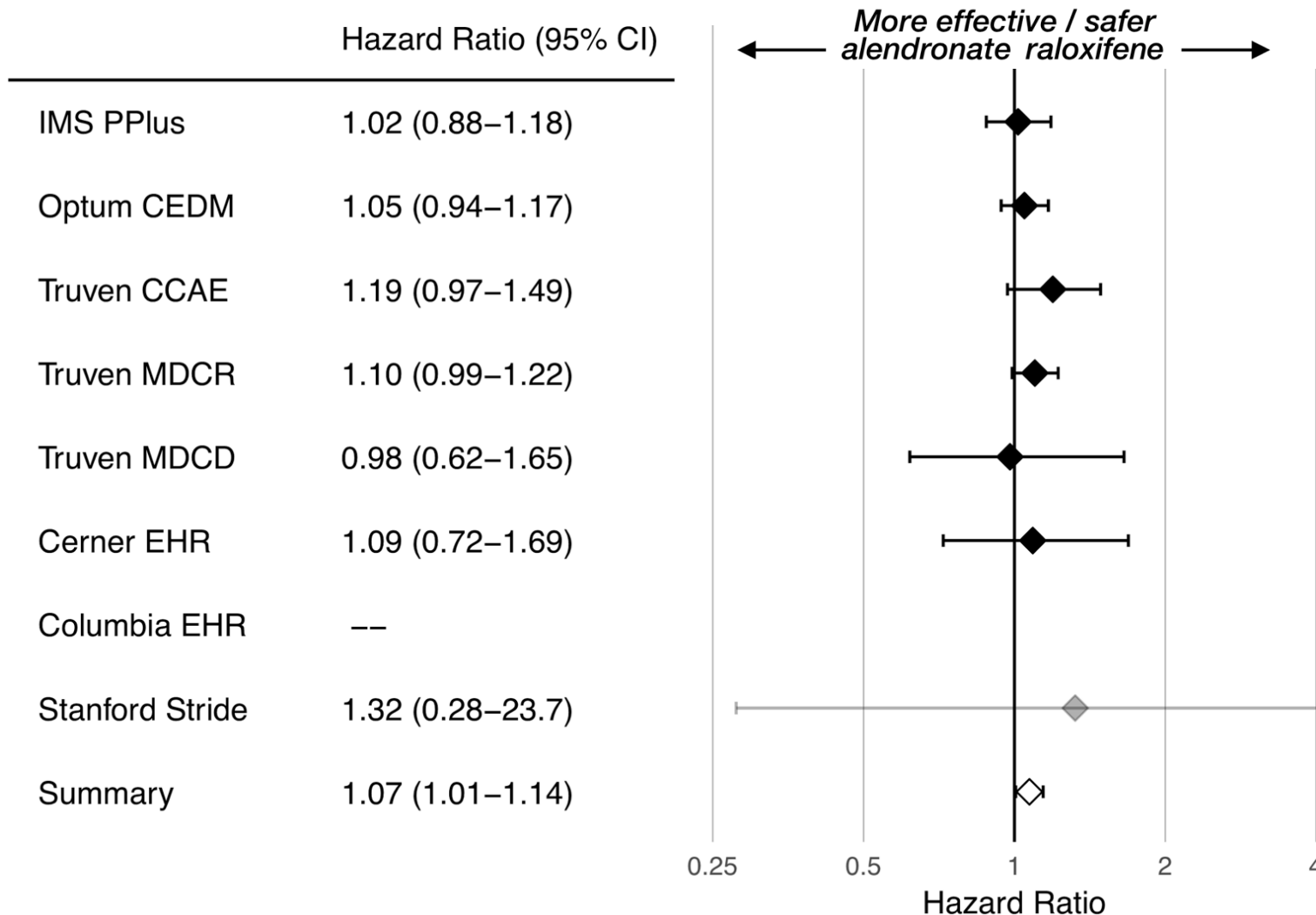
	Hazard Ratio (95% CI)
IMS PPlus	1.25 (1.04–1.52)
Optum CEDM	1.03 (0.92–1.16)
Truven CCAE	1.07 (0.82–1.41)
Truven MDCR	0.95 (0.86–1.05)
Truven MDCD	0.99 (0.63–1.65)
Cerner EHR	1.25 (0.80–2.05)
Columbia EHR	0.41 (0.14–1.74)
Stanford Stride	0.42 (0.12–2.67)
Summary	1.04 (0.94–1.15)



No significant difference in hip fracture risk

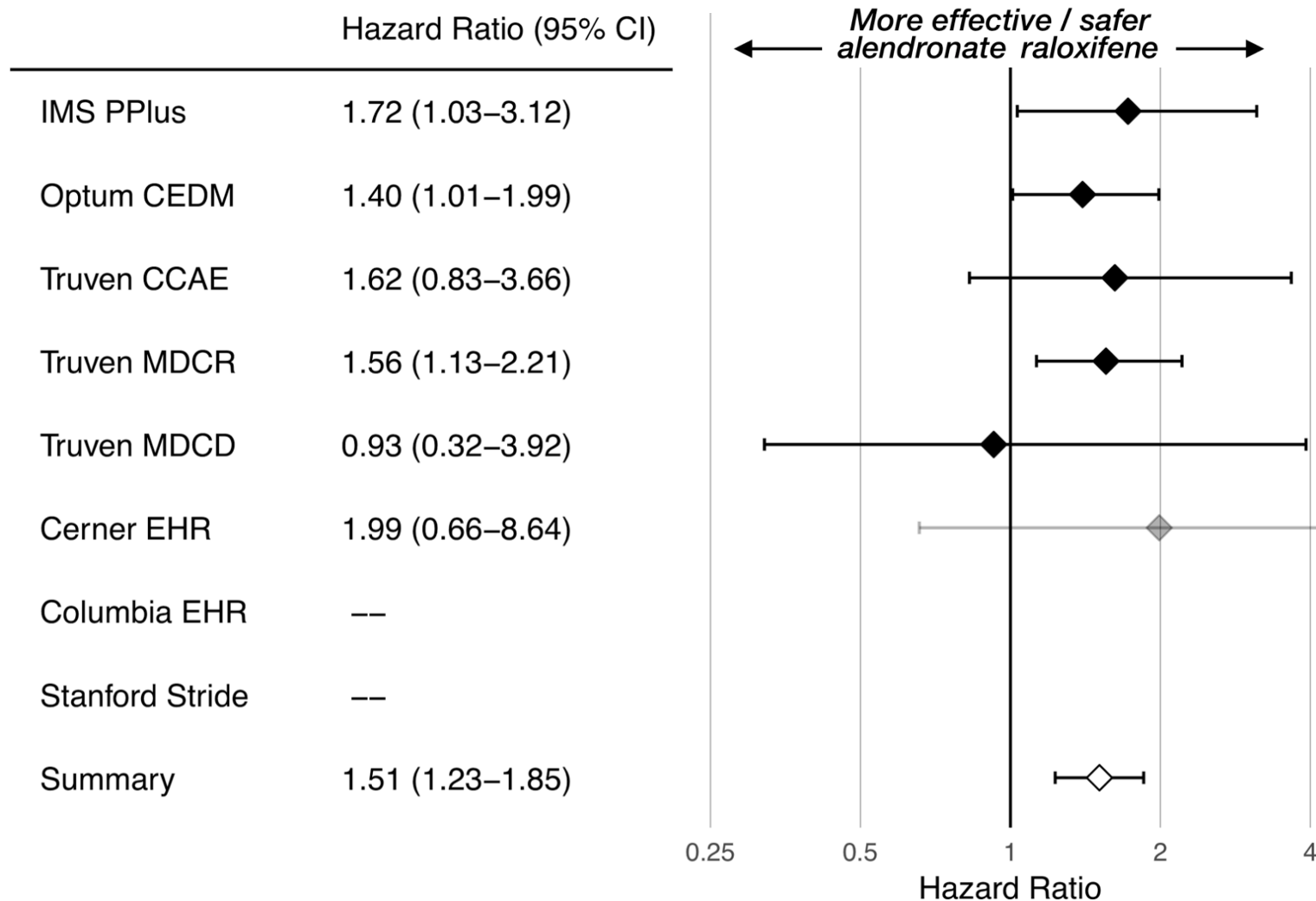


Vertebral fracture hazard ratio





Atypical femoral fracture hazard ratio





Evidence-based clinical pearls

- No significant difference between alendronate and raloxifene in risk of hip fracture
- Potentially lower risk of vertebral and atypical femoral fracture risk on raloxifene
- The OHDSI community is eager and able to engage in studies to improve health care
- My patient should continue to play with her grandson

One must imagine Sisyphus happy - Camus
