

# Biomedical Informatics

## discovery and impact



## Drawing reproducible conclusions from observational clinical data with OHDSI

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COLUMBIA UNIVERSITY  
MEDICAL CENTER

NewYork-Presbyterian



# Observational Health Data Sciences and Informatics (OHDSI, as “Odyssey”)

Mission: To improve health by empowering a community to collaboratively generate the evidence that promotes better health decisions and better care

A multi-stakeholder, interdisciplinary, international collaborative with a coordinating center at Columbia University

<http://ohdsi.org>



# OHDSI's global research community



- >200 registered collaborators, 2500 forum participants from 25 different countries
- Experts in informatics, statistics, epidemiology, clinical sciences
- Active participation from academia, government, industry, providers
- Currently records on about 500 million unique patients in >100 databases

<http://ohdsi.org/who-we-are/collaborators/>



# Paucity of evidence

A tiny fraction of potential questions have answers

## All health outcomes of interest

All drugs



# Inability to reproduce evidence

ORIGINAL CONTRIBUTION

**JAMA®**

## Exposure to Oral Bisphosphonates and Risk of Esophageal Cancer

Chris R. Cardwell, PhD

Christian C. Abnet, PhD

Marie M. Cantwell, PhD

Liam J. Murray, MD

**D** ISPHOSPHONATES INHIBIT OSTEOCLAST-MEDIATED BONE RESORPTION

**Context** Use of oral bisphosphonates has increased dramatically and elsewhere. Esophagitis is a known adverse effect of bisphosphonate use. Recent reports suggest a link between bisphosphonate use and esophageal cancer, but this has not been robustly investigated.

**Objective** To investigate the association between bisphosphonate use and esophageal cancer.

**Design, Setting, and Participants** Data were ex-

August 2010: “Among patients in the UK General Practice Research Database, the use of oral bisphosphonates was not significantly associated with incident esophageal or gastric cancer”

sembls ground alendronate tablets has been found on biopsy in patients with bisphosphonate-related esophagitis, and follow-up endoscopies have shown that abnormalities remain after the esophagitis heals.<sup>6</sup> Reflux esophagitis is an established risk factor for esophageal cancer through the Barrett pathway.<sup>7-9</sup> It is not known whether bisphosphonate-related esophagitis can also increase esophageal cancer risk. However, the US Food and Drug Administration recently reported 23 cases of esophageal cancer (between 1995 and 2008) in patients using the bisphosphonate alendronate and a further 31 cases in patients using bisphosphonates in France

cohort. The incidence of esophageal and gastric cancer per 1000 person-years of risk in both the bisphosphonate and control cohorts was 0.44 per 1000 person-years of risk, respectively. The rate of esophageal and gastric cancer combined between bisphosphonate use (adjusted hazard ratio, 0.96 [95% confidence interval, 0.77-1.49]). There also was no difference in risk by duration of bisphosphonate intake.

**Conclusion** Among patients in the UK General Practice Research Database, the use of oral bisphosphonates was not significantly associated with esophageal or gastric cancer.

*JAMA. 2010;304(6):657-663*

Large studies with appropriate comparison groups, adequate follow-up, and robust characterization of bisphospho-

**BMJ**

**RESEARCH**

## Oral bisphosphonates and risk of cancer of oesophagus, stomach, and colorectum: case-control analysis within a UK primary care cohort

Jane Green, clinical epidemiologist,<sup>1</sup> Gabriela Czanner, statistician,<sup>1</sup> Gillian Reeves, statistical epidemiologist,<sup>1</sup> Joanna Watson, epidemiologist,<sup>1</sup> Lesley Wise, manager, Pharmacoepidemiology Research and Intelligence Unit,<sup>2</sup> Valerie Beral, professor of cancer epidemiology<sup>1</sup>

### ABSTRACT

**Objective** To examine the hypothesis that risk of oesophageal, but not of gastric or colorectal, cancer is increased in users of oral bisphosphonates.

**Design** Nested case-control analysis within a primary care cohort of about 6 million people in the UK, with prospectively recorded information on prescribing of bisphosphonates.

**Setting** UK General Practice Research Database cohort. **Participants** Men and women aged 40 years or over—29 54 with oesophageal cancer, 2018 with gastric cancer, and 10 641 with colorectal cancer, diagnosed in 1995-2005; five controls per case matched for age, sex, general practice, and observation time.

**Main outcome measures** Relative risks for incident invasive cancers of the oesophagus, stomach, and colorectum, adjusted for smoking, alcohol, and body mass index.

**Conclusions** The risk of oesophageal cancer increased with 10 or more prescriptions for oral bisphosphonates and with prescriptions over about a five year period. In Europe and North America, the incidence of oesophageal cancer at age 60-79 is typically 1 per 1000 population over five years, and this is estimated to increase to about 2 per 1000 with five years' use of oral bisphosphonates.

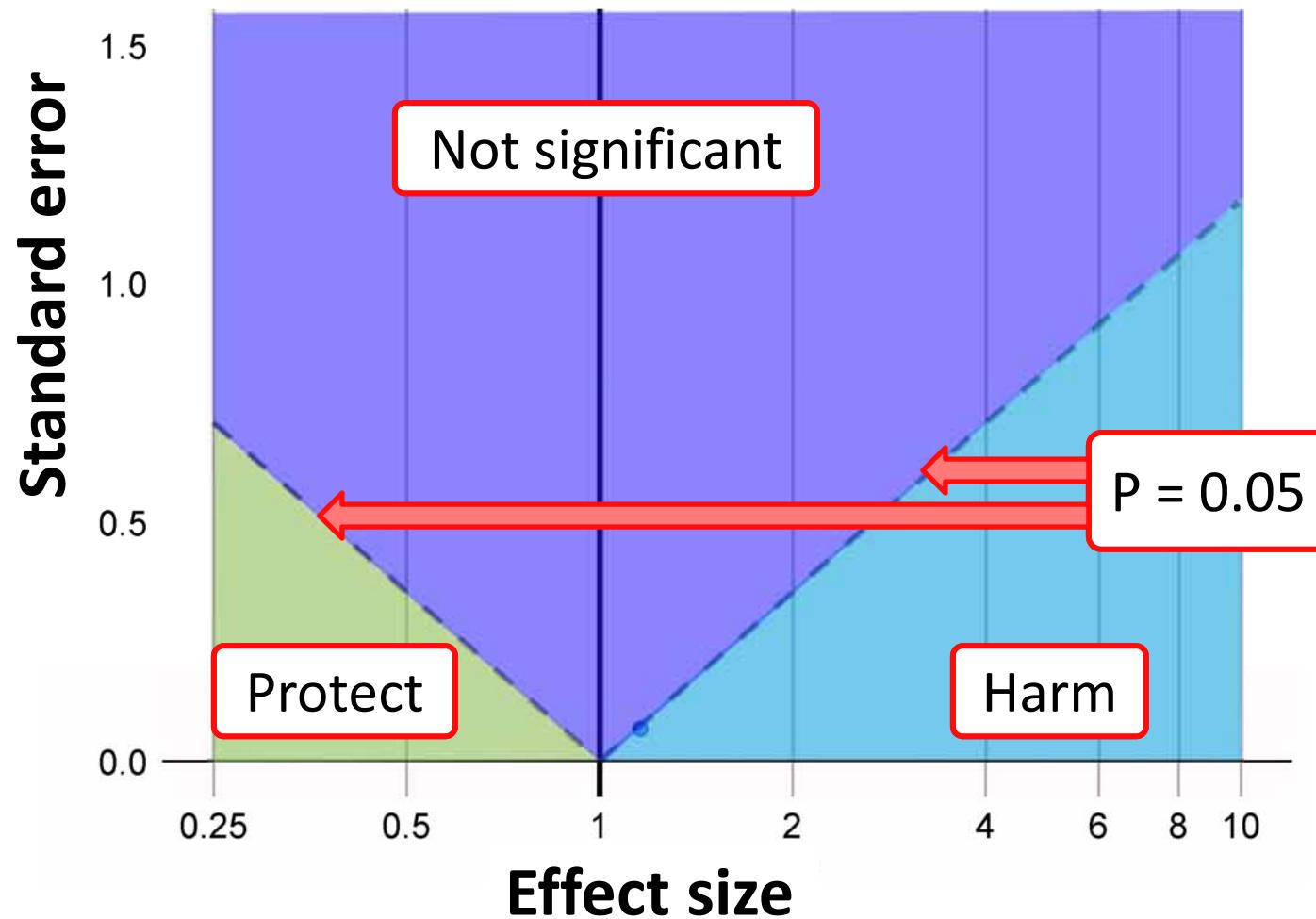
### INTRODUCTION

Adverse gastrointestinal effects are common among people who take oral bisphosphonates for the prevention and treatment of osteoporosis; they range from dyspepsia, nausea, and abdominal pain to erosive esophagitis and oesophageal ulcers.<sup>1</sup> Recent case reports have suggested a possible increase in the risk of oesophageal cancer with use of such bisphosphonate preparations.<sup>2</sup> We report here on the relation between prospectively recorded prescribing information for

Sept 2010: “In this large nested case-control study within a UK cohort [General Practice Research Database], we found a significantly increased risk of oesophageal cancer in people with previous prescriptions for oral bisphosphonates”

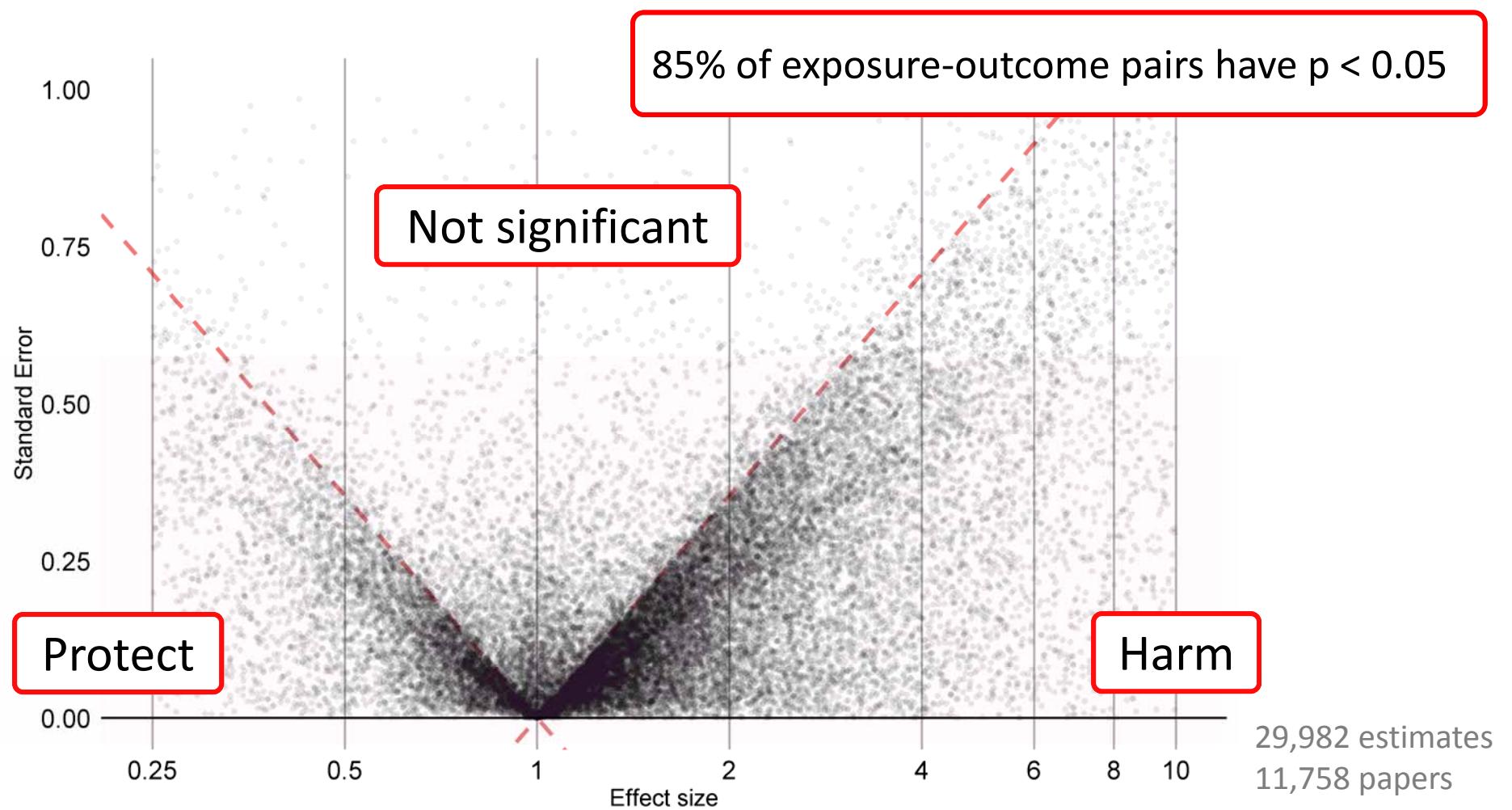


# Evaluate observational research





# Observational research results in literature



Schuemie, Phil Trans A, 2018



# Publication bias

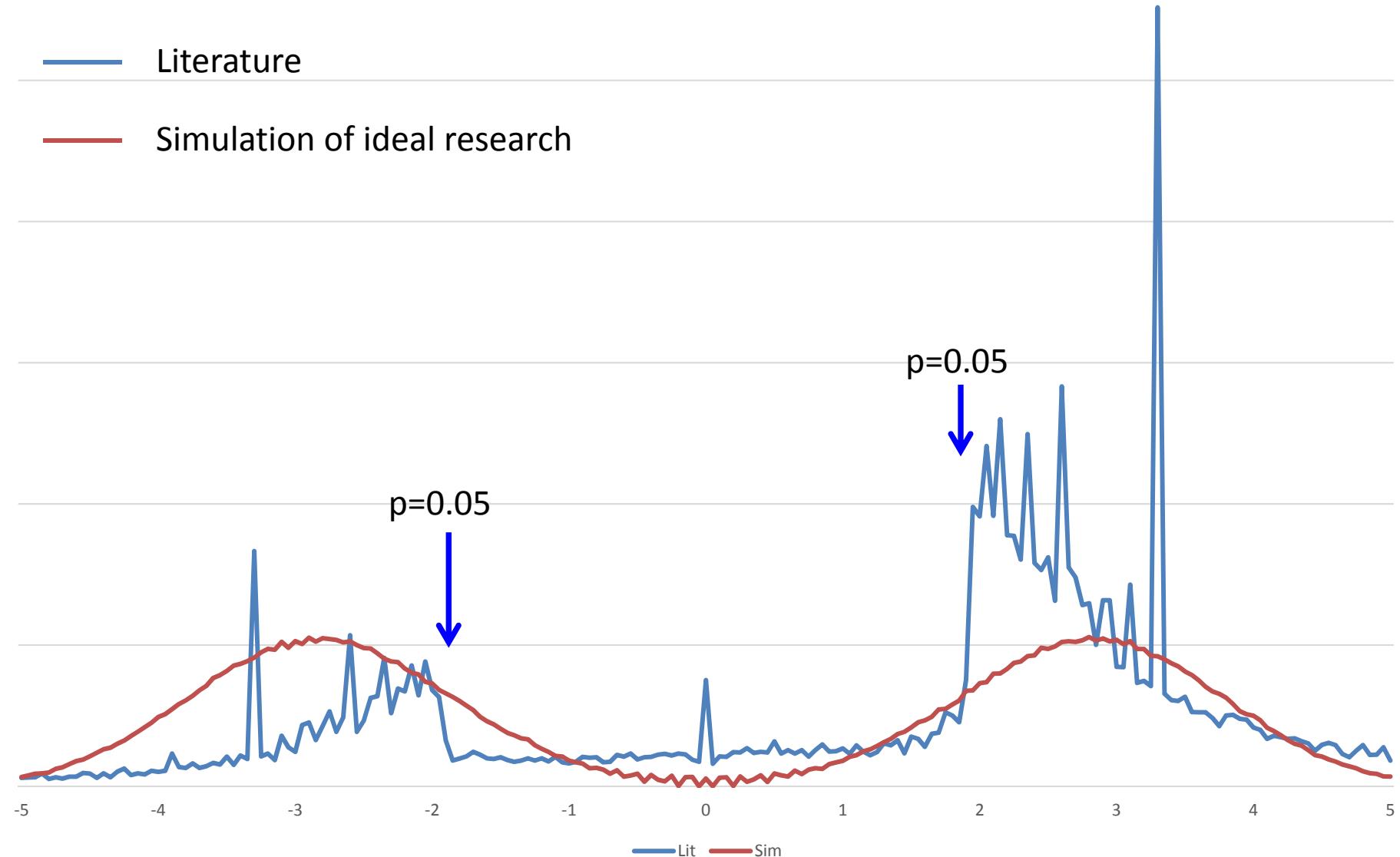
$p=0.001$

— Literature

— Simulation of ideal research

$p=0.05$

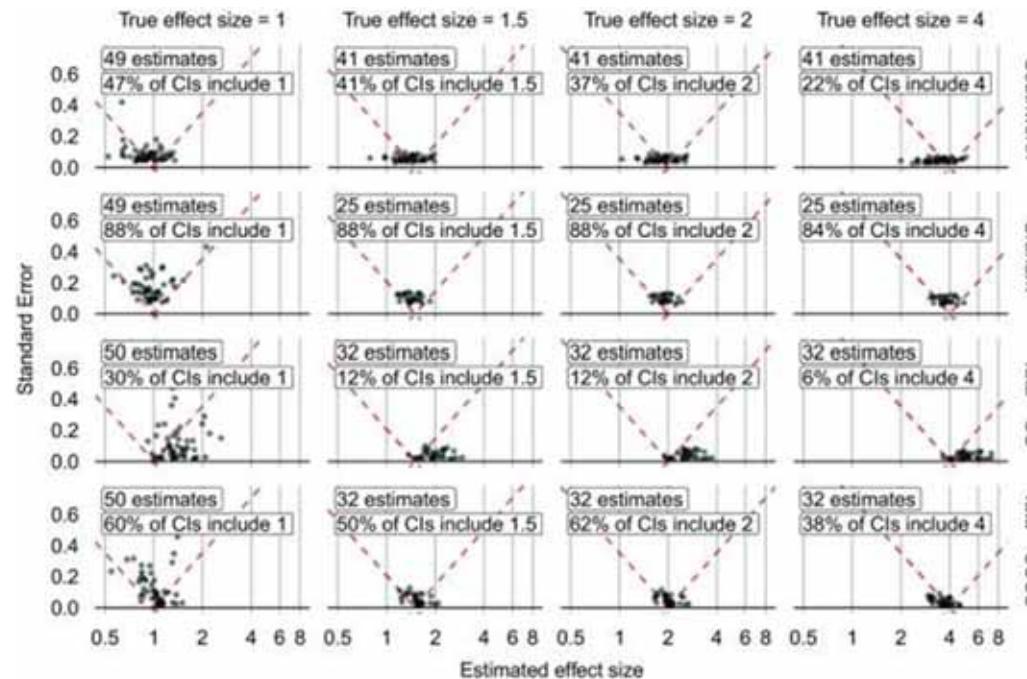
$p=0.05$





# Over-optimism of p-values and CIs

- Look at four published studies
  - Use 50 negative controls to assess CI
- “95%” CIs cover only 30%, 47%, 60%, 88%



Schuemie, PNAS 2018

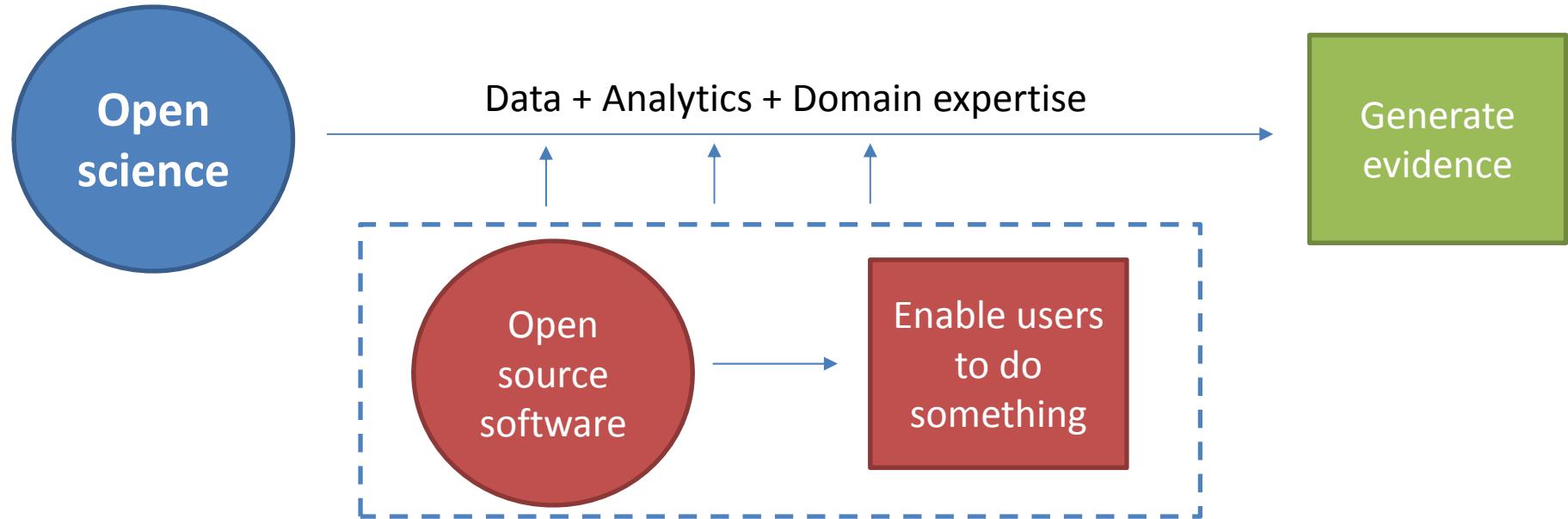


# Consequences

- Overall positive results
  - Throw negative ones away
- 
- Conflicting, unreliable evidence
  - Too little evidence and what is there is poor
    - Woody Allen:  
"Boy, the food at this place is really terrible."  
"Yeah, I know; and such small portions."
    - It's *just* observational research



# OHDSI is Open Science

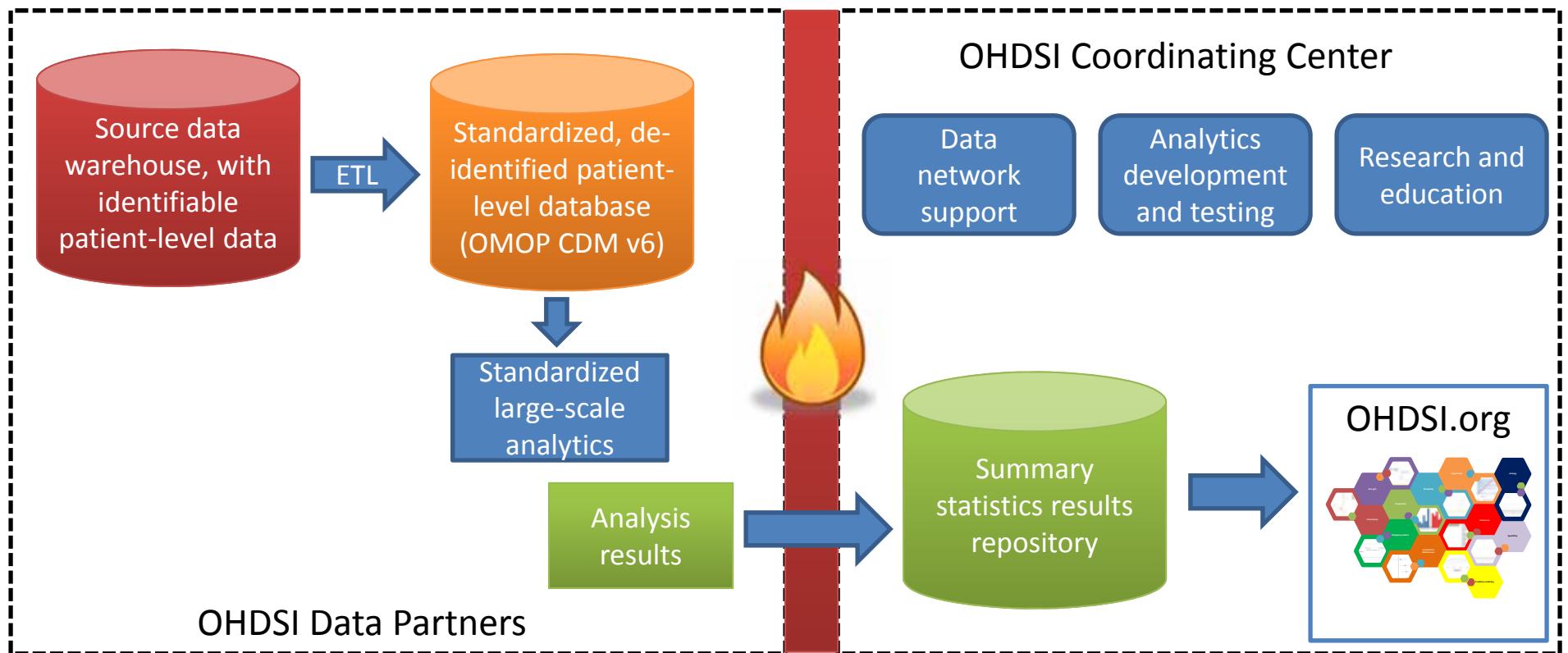


Standardized, transparent workflows





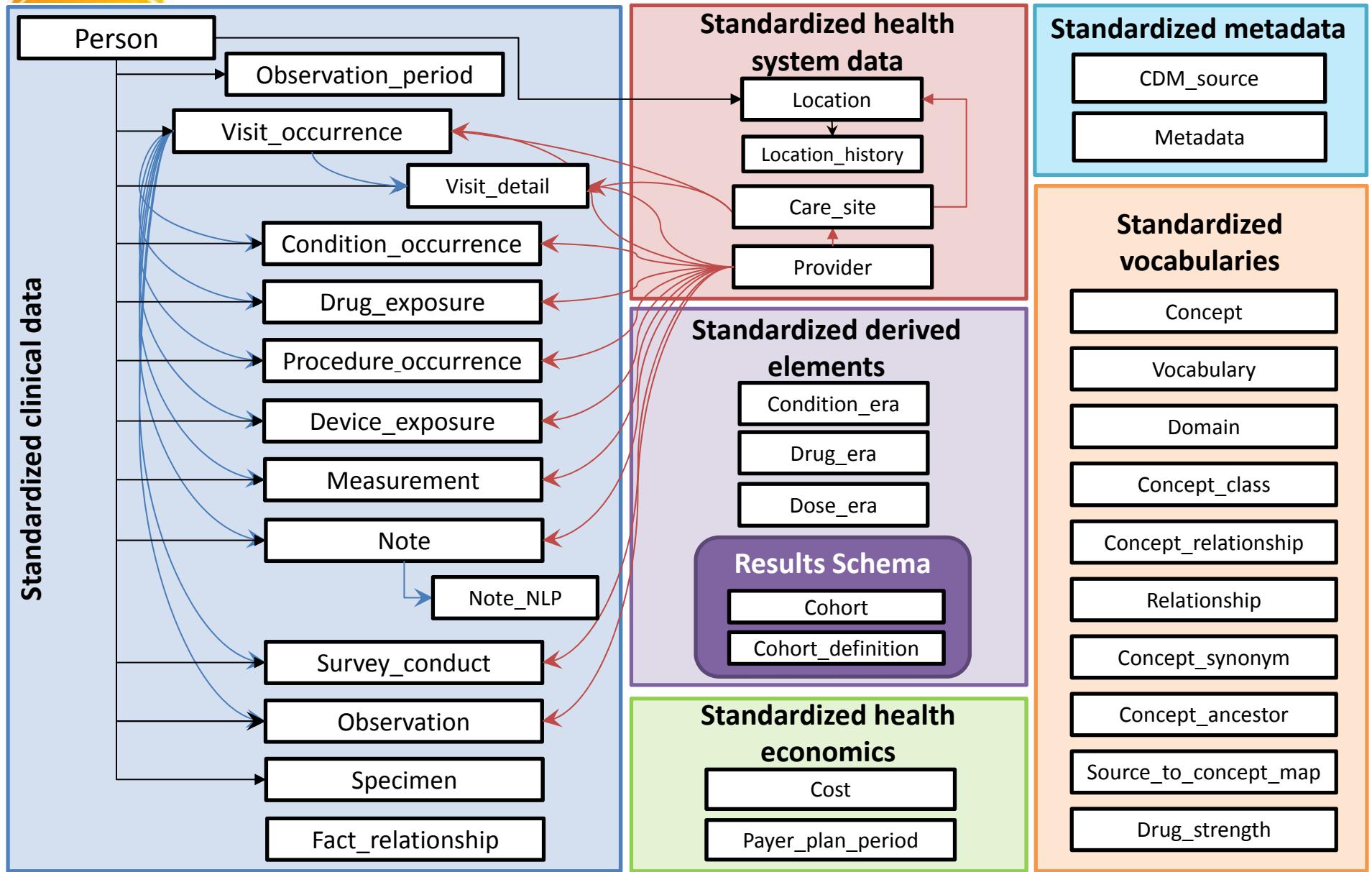
# How OHDSI Works





# Deep information model

## OMOP CDM Version 6





# Extensive international vocabularies

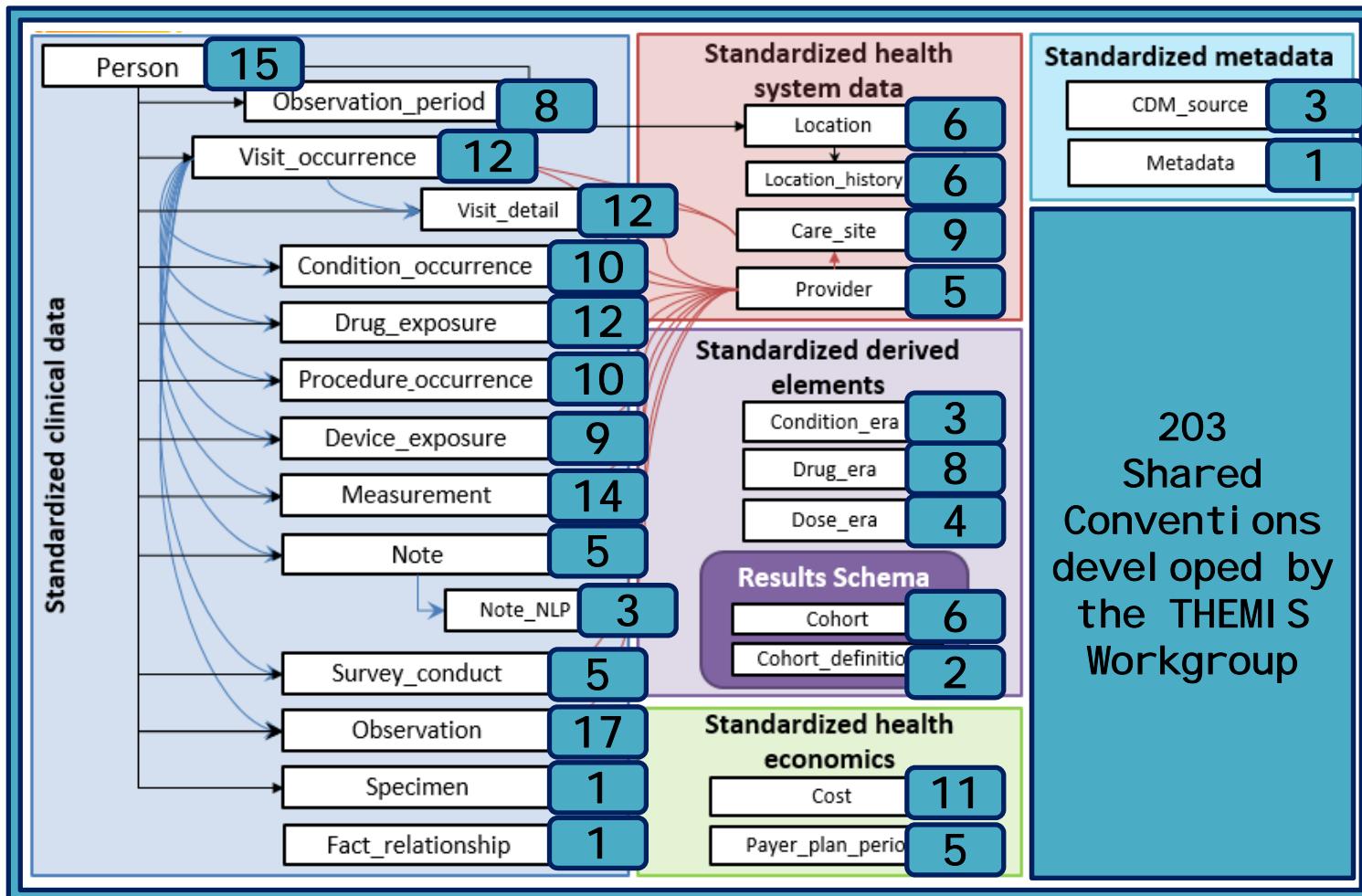
Breakdown of OHDSI concepts by domain, standard class, and vocabulary





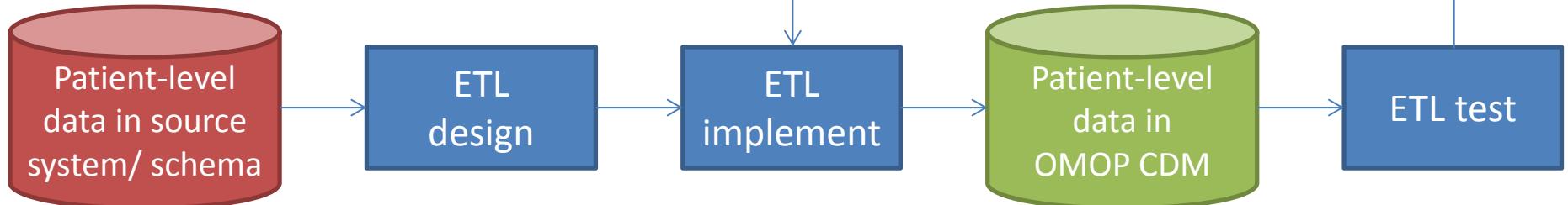
# Standardized conventions

Need more than vocabulary and schema





# Tools to help you map data



OHDSI tools built to help

**WhiteRabbit:**  
profile your  
source data

**RabbitInAHat:**  
map your source  
structure to  
CDM tables and  
fields

**ATHENA:**  
standardized  
vocabularies  
for all CDM  
domains

**Usagi:**  
map your  
source codes  
to CDM  
vocabulary

**CDM:**  
DDL, index,  
constraints for  
Oracle, SQL  
Server,  
PostgreSQL;  
Vocabulary tables  
with loading  
scripts

**ACHILLES:**  
profile your  
CDM data;  
review data  
quality  
assessment;  
explore  
population-  
level summaries

## OHDSI Forums:

Public discussions for OMOP CDM Implementers/developers

<http://github.com/OHDSI>



# Data Quality: ACHILLES Heel

Data Quality Messages	
Message Type	Message
ERROR	101-Number of persons by age, with age at first observation period; should not have age < 0, (n=848)
ERROR	103 - Distribution of age at first observation period (count = 1); min value should not be negative
ERROR	114-Number of persons with observation period before year-of-birth; count (n=851) should not be > 0
ERROR	206 - Distribution of age by visit_concept_id (count = 7); min value should not be negative
ERROR	301-Number of providers by specialty concept_id; 224 concepts in data are not in correct vocabulary (Specialty)
ERROR	400-Number of persons with at least one condition occurrence, by condition_concept_id; 115 concepts in data are not in correct vocabulary (SNOMED)
ERROR	406 - Distribution of age by condition_concept_id (count = 753); min value should not be negative



## Tools for analytics: CYCLOPS

- Cyclic Coordinate Descent for Logistic, Poisson and Survival Analysis
  - Open source toolkit
  - 100 million cases x million columns
  - regularized regression
  - R library written in C
  - No one else can do this scale



# ATLAS to build, visualize, and analyze cohorts

— People having any of the following: **Add Primary Criteria...**

a condition occurrence of **Delivery** **Add Criterion...** **Delete**

~~x~~ occurrence start is: **Between** **2005-01-01** and **2013-12-31**

~~x~~ with age **Between** **18** and **55**

~~x~~ with a gender of: **FEMALE** **Add** **Import**

with observation at least **180** days prior and **365** days after index

Limit primary events to: **All Events** per person.

**For people matching the Primary Criteria, include:**

— People having **All** of the following criteria: **Add New Criteria...**

with **At Least** **1** occurrences of: **Add Criterion...** **Delete Criteria**

a condition occurrence of **Depression**

occurring between **0** days **Before** and **180** days **After** Index

and with **At Most** **0** occurrences of: **Add Criterion...** **Delete Criteria**

a condition occurrence of **Depression**

occurring between **All** days **Before** and **0** days **After** index

# Evidence OHDSI seeks to generate from observational data

- **Clinical characterization - tally**
  - Natural history: Who has diabetes, and who takes metformin?
  - Quality improvement: What proportion of patients with diabetes experience complications?
- **Population-level estimation - cause**
  - Safety surveillance: Does metformin cause lactic acidosis?
  - Comparative effectiveness: Does metformin cause lactic acidosis more than glyburide?
- **Patient-level prediction - predict**
  - Precision medicine: Given everything you know about me, if I take metformin, what is the chance I will get lactic acidosis?
  - Disease interception: Given everything you know about me, what is the chance I will develop diabetes?



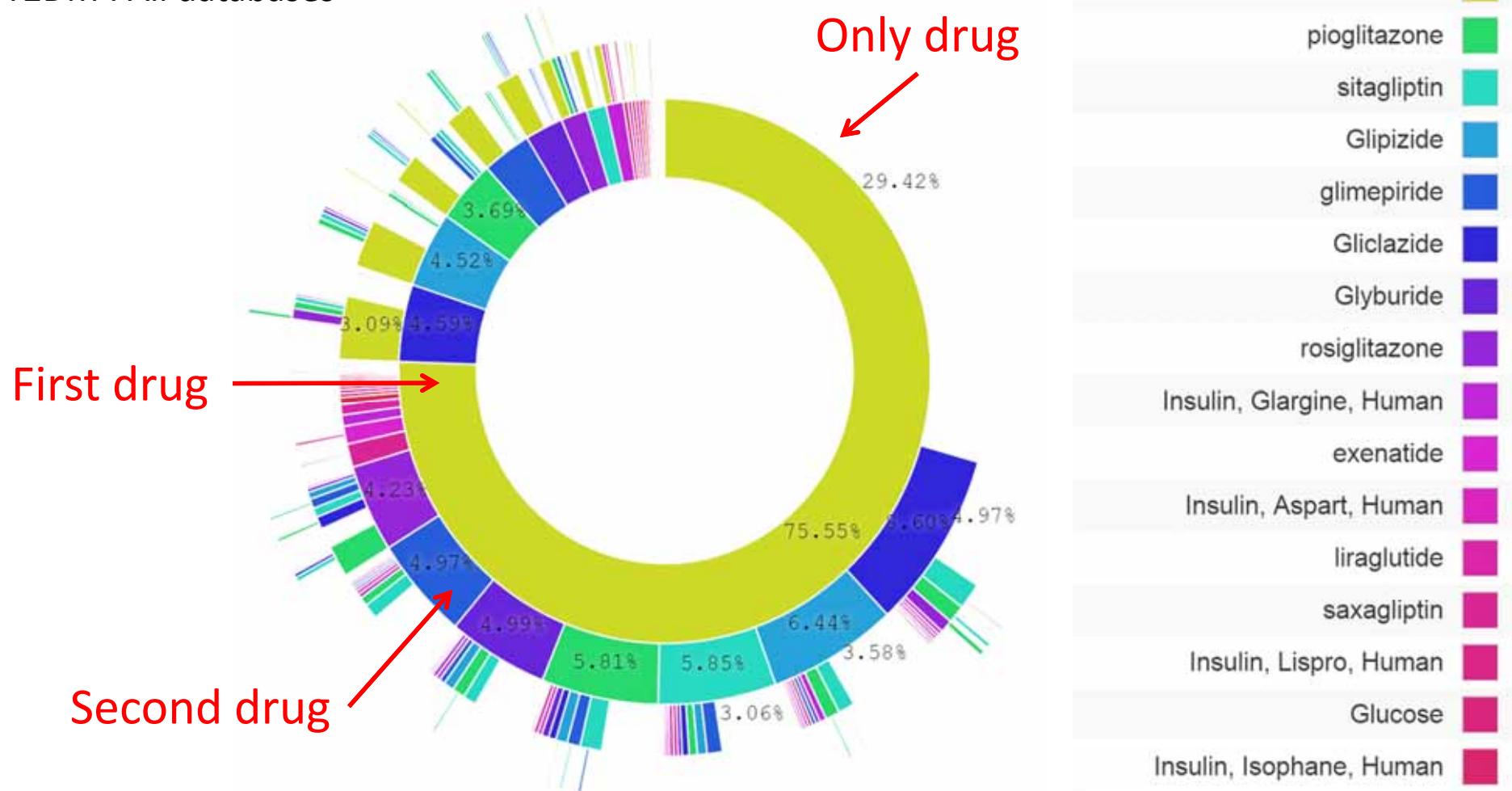
# Characterization

- Treatment pathways
  - How are patients currently treated?



# Treatment pathways for diabetes on 240M patients in 5 countries, 12 databases

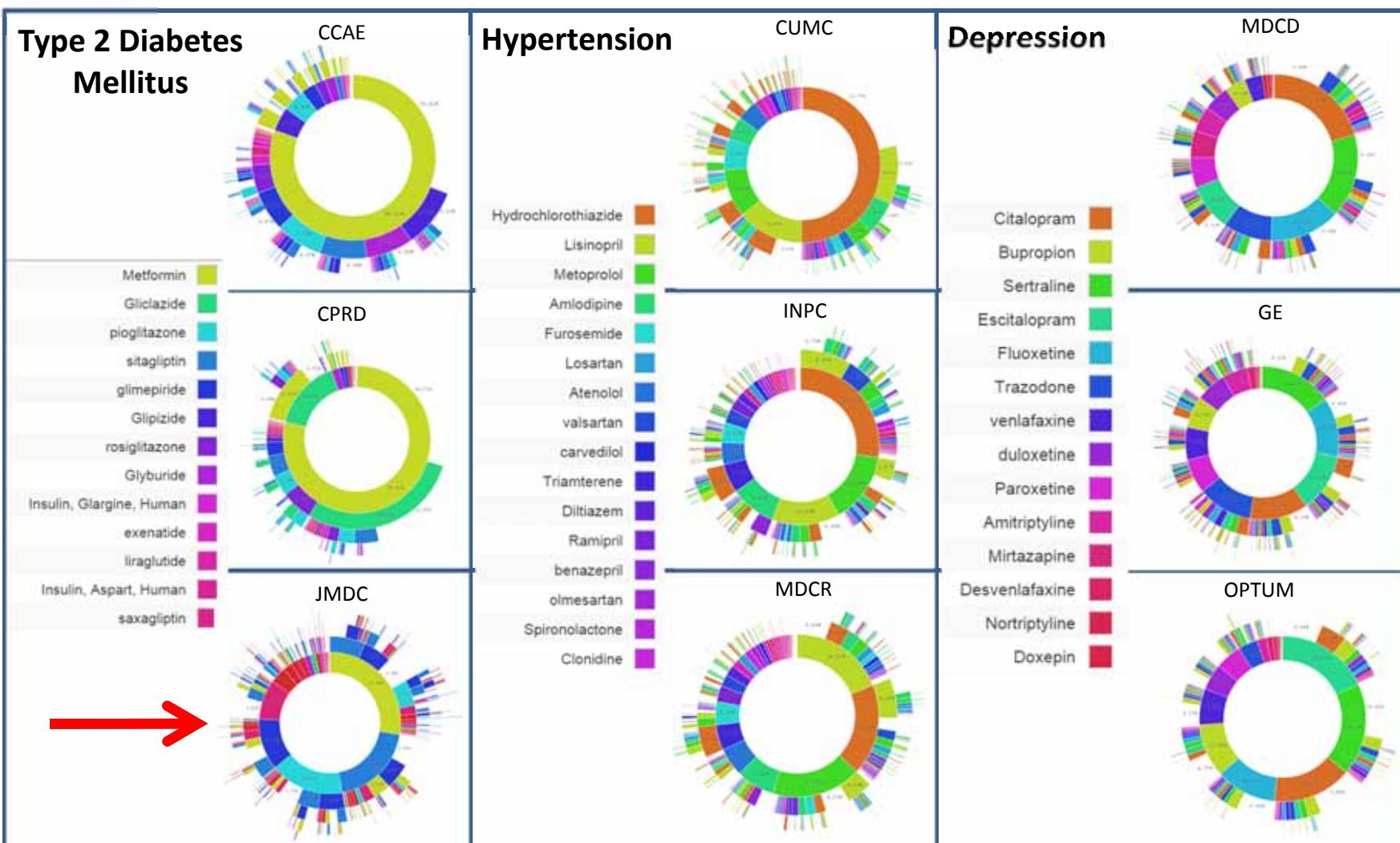
T2DM : All databases





# Treatment pathways

Heterogeneity within and across health systems



25% of HTN patients were on a unique pathway

Hripcak, PNAS 2016



# Population-level estimation

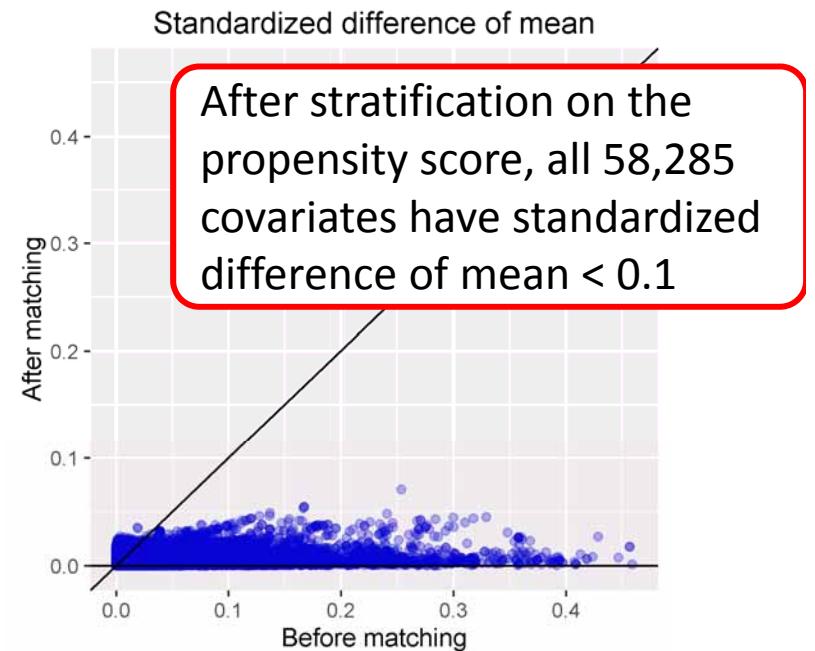
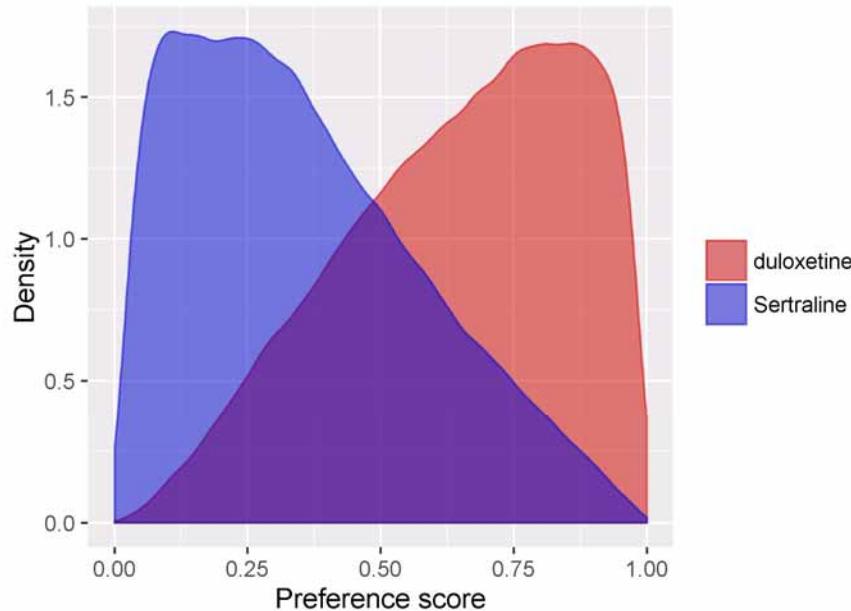
- Causality



# OHDSI Reproducible research

## 1. Address confounding that is measured

- Propensity stratification
- **Systematic (not manual) variable selection**
  - Balance 58,285 variables (“Table 1”)



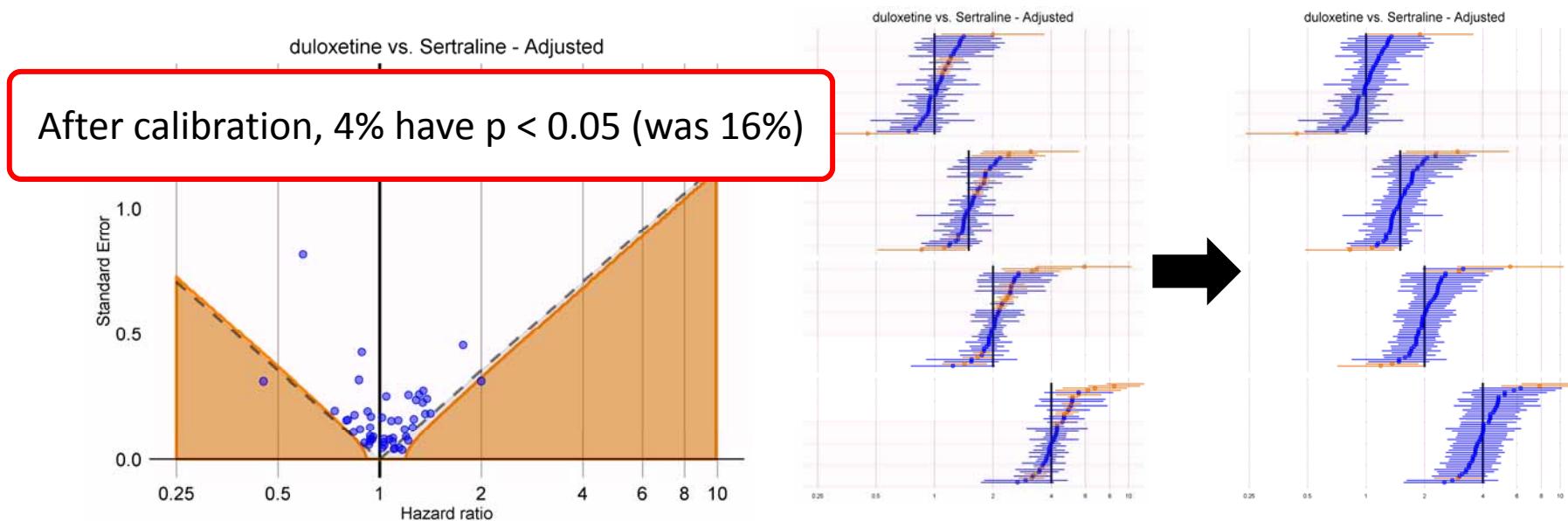
Tian, Int J Epi 2018



# OHDSI Reproducible research

## 2. Unmeasured (residual) confounding

- Confidence interval calibration
  - Adjust for all uncertainty, not just sampling
- Many (50-100) negative controls
  - Unique to OHDSI (PNAS)



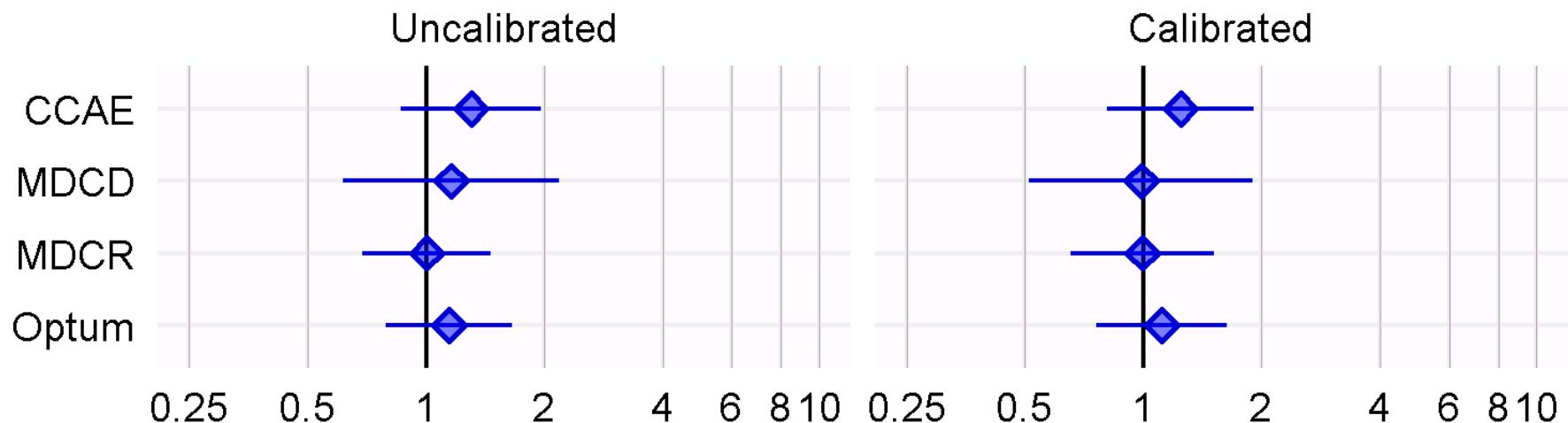
Schuemie, PNAS 2018



# OHDSI Reproducible research

## 3. Multiple databases, locations, practice types

- Exploit international OHDSI network





# OHDSI Reproducible research

## 4. Open: publish all

- Hypotheses
- Code
- Parameters
- Runs

ORL ← 1 000



# Generating evidence for US FDA



Potential Signals of Serious Risks/New Safety Information Identified by the FDA Adverse Event Reporting System (FAERS) between October - December 2015

Keppra (levetiracetam) tablet, oral solution, injection	Angioedema	FDA is evaluating the need for regulatory action.
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- Protocol completed, code tested, study announced
  - 7 sites ran the code on 10 databases (5 claims / 5 EHR)
  - 59,367 levetiracetam patients, 74,550 phenytoin patients

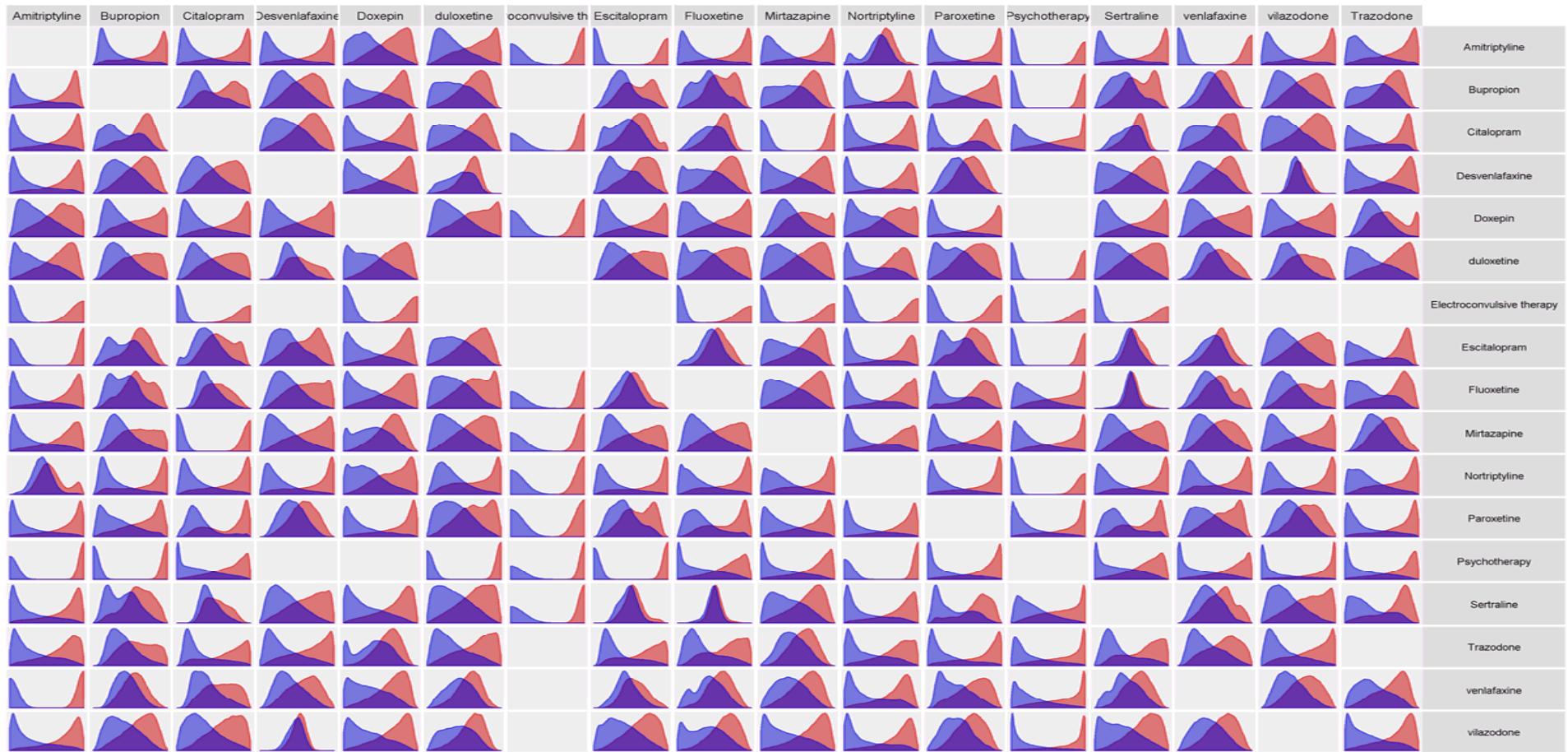


- No difference detected with small confidence interval
- Accepted essentially without revision
  - Add word to title, move diagram from supplement to body



# OHDSI Reproducible research

## 5. Carry out on aligned hypotheses at large scale



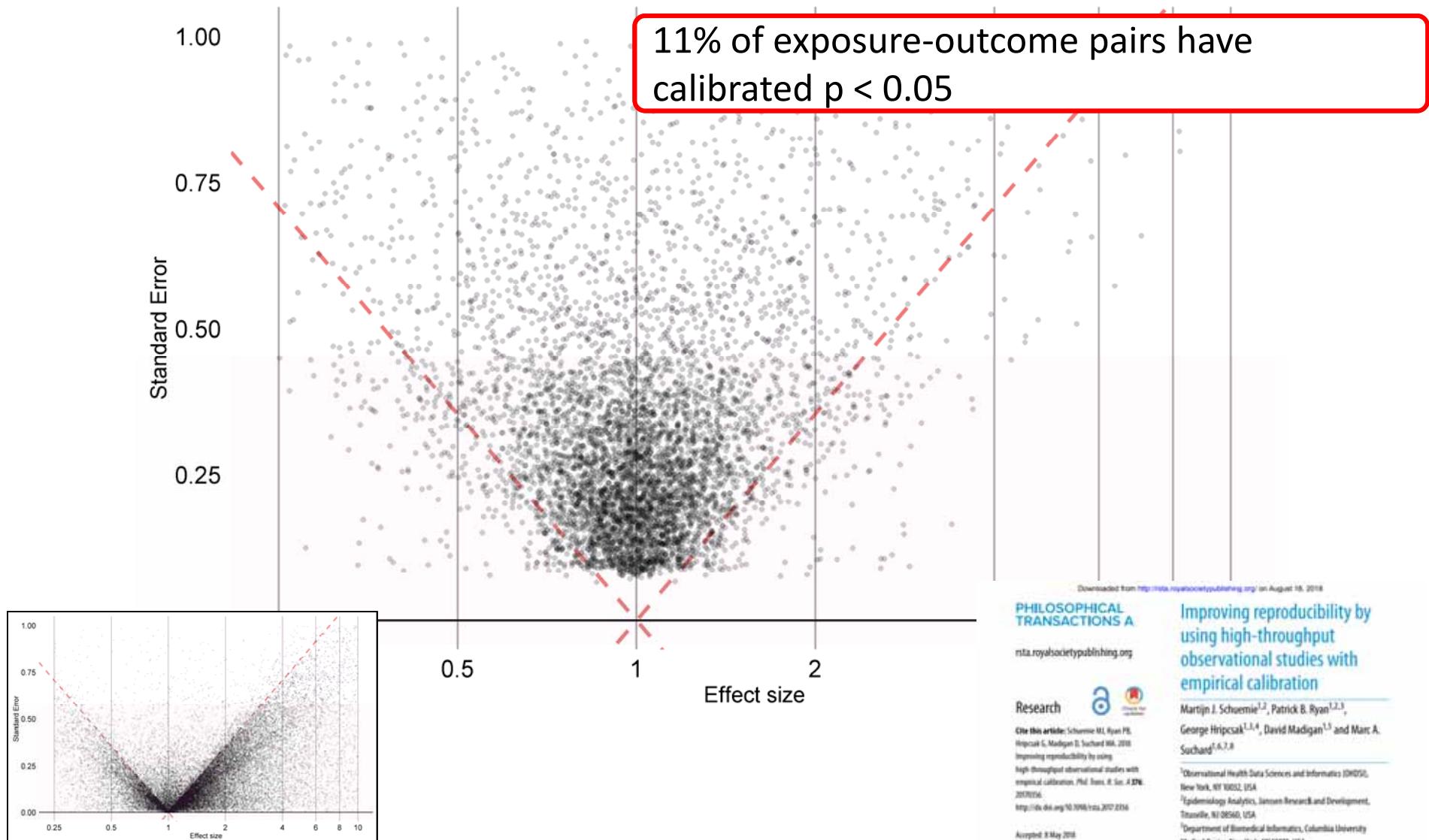


# OHDSI Reproducible research

- Full diagnostics at each step
  - Tells us if this a result we can trust

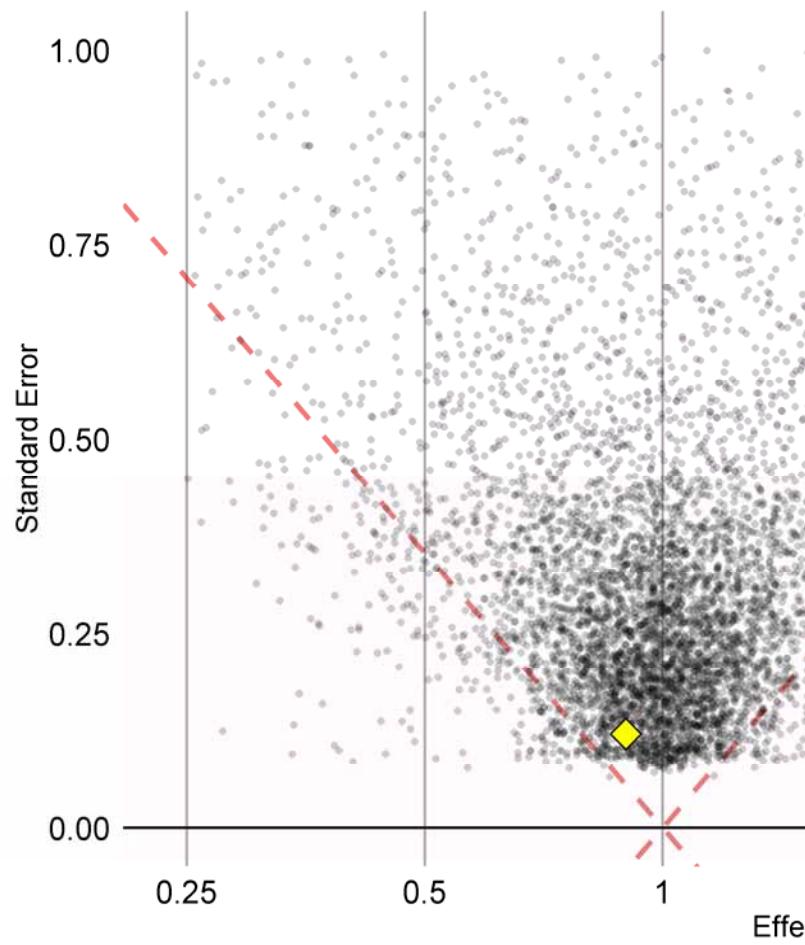


# Estimates are in line with expectations





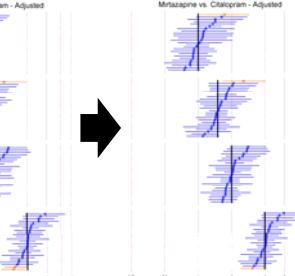
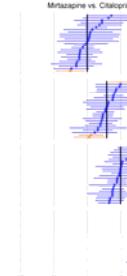
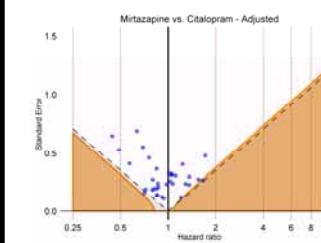
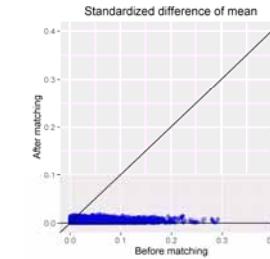
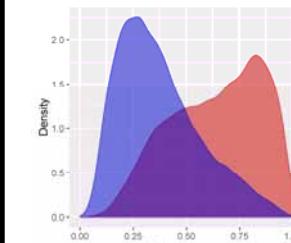
# Example



## Mirtazapine vs. Citalopram Constipation

Database: Truven MDCC

Calibrated HR = 0.90 (0.70 – 1.12)





# Large-scale estimation

- Not “data-dredging”!
  - Data-dredging is not about what you do but about what you *throw out*
    - This can’t be done for literature
- One-off studies
  - Wouldn’t it be best to optimize each study?
    - Never get 10 or 100 parameters right
  - Cannot study its operating characteristics
    - End up in today’s situation



# OHDSI LEGEND Hypertension Study

- What becomes possible?



**Table 18. Oral Antihypertensive Drugs**

Class	Drug	Usual Dose, Range (mg/d)*	Daily Frequency	Comments
<b>Primary agents</b>				
Thiazide or thiazide-type diuretics	Chlorthalidone	12.5–25	1	<ul style="list-style-type: none"><li>Chlorthalidone is preferred on the basis of prolonged half-life and proven trial results for CVD.</li><li>Monitor for hyponatremia and hypokalemia, uric acid and calcium levels.</li><li>Use with caution in patients with history of acute gout unless patient is on uric acid–lowering therapy.</li></ul>
	Hydrochlorothiazide	25–50	1	
	Indapamide	1.25–2.5	1	
	Metolazone	2.5–10	1	
ACE inhibitors	Benazepril	10–40	1 or 2	<ul style="list-style-type: none"><li>Do not use in combination with ARBs or direct renin inhibitor.</li><li>There is an increased risk of hyperkalemia, especially in patients with CKD or in those on K<sup>+</sup> supplements or K<sup>+</sup>-sparing drugs.</li><li>There is a risk of acute renal failure in patients with severe bilateral renal artery stenosis.</li><li>Do not use if patient has history of angioedema with ACE inhibitors.</li><li>Avoid in pregnancy.</li></ul>
	Captopril	12.5–150	2 or 3	
	Enalapril	5–40	1 or 2	
	Fosinopril	10–40	1	
	Lisinopril	10–40	1	
	Moexipril	7.5–30	1 or 2	
	Perindopril	4–16	1	
	Quinapril	10–80	1 or 2	
	Ramipril	2.5–10	1 or 2	
	Trandolapril	1–4	1	
ARBs	Azilsartan	40–80	1	<ul style="list-style-type: none"><li>Do not use in combination with ACE inhibitors or direct renin inhibitor.</li><li>There is an increased risk of hyperkalemia in CKD or in those on K<sup>+</sup> supplements or K<sup>+</sup>-sparing drugs.</li><li>There is a risk of acute renal failure in patients with severe bilateral renal artery stenosis.</li><li>Do not use if patient has history of angioedema with ARBs. Patients with a history of angioedema with an ACE inhibitor can receive an ARB beginning 6 weeks after ACE inhibitor is discontinued.</li><li>Avoid in pregnancy.</li></ul>
	Candesartan	8–32	1	
	Eprosartan	600–800	1 or 2	
	Irbesartan	150–300	1	
	Losartan	50–100	1 or 2	
	Olmesartan	20–40	1	
	Telmisartan	20–80	1	
	Valsartan	80–320	1	
CCB—dihydropyridines	Amlodipine	2.5–10	1	<ul style="list-style-type: none"><li>Avoid use in patients with HFrEF; amlodipine or felodipine may be used if required.</li><li>They are associated with dose-related pedal edema, which is more common in women than men.</li></ul>
	Felodipine	5–10	1	
	Isradipine	5–10	2	
	Nicardipine SR	5–20	1	
	Nifedipine LA	60–120	1	
	Nisoldipine	30–90	1	
CCB—nondihydropyridines	Diltiazem SR	180–360	2	<ul style="list-style-type: none"><li>Avoid routine use with beta blockers because of increased risk of bradycardia and heart block.</li><li>Do not use in patients with HFrEF.</li><li>There are drug interactions with diltiazem and verapamil (CYP3A4 major substrate and moderate inhibitor).</li></ul>
	Diltiazem ER	120–480	1	
	Verapamil IR	40–80	3	
	Verapamil SR	120–480	1 or 2	
	Verapamil-delayed onset ER (various forms)	100–480	1 (in the evening)	

## US hypertension treatment guideline





# Evidence to support the guideline

- 40 randomized trials
- Only 11% of recommendations based on RCT
- Most decisions are “expert opinion”



# Comparisons of hypertension treatments

	Theoretical	Observed (n > 2,500)
Single ingredients	58	39
Single ingredient comparisons	$58 * 57 = 3,306$	1,296
Single drug classes	15	13
Single class comparisons	$15 * 14 = 210$	156
Dual ingredients	$58 * 57 / 2 = 1,653$	58
Single vs duo drug comparisons	$58 * 1,653 = 95,874$	3,810
Dual classes	$15 * 14 / 2 = 105$	32
Single vs duo class comparisons	$15 * 105 = 1,575$	832
Duo vs duo drug comparisons	$1,653 * 1,652 = 2,730,756$	2,784
Duo vs duo class comparisons	$105 * 104 = 10,920$	992
...	...	...
Total comparisons	2,843,250	10,278
Outcomes of interest	58	58
Target-comparator-outcomes	$2,843,250 * 58 = 164,908,500$	587,020

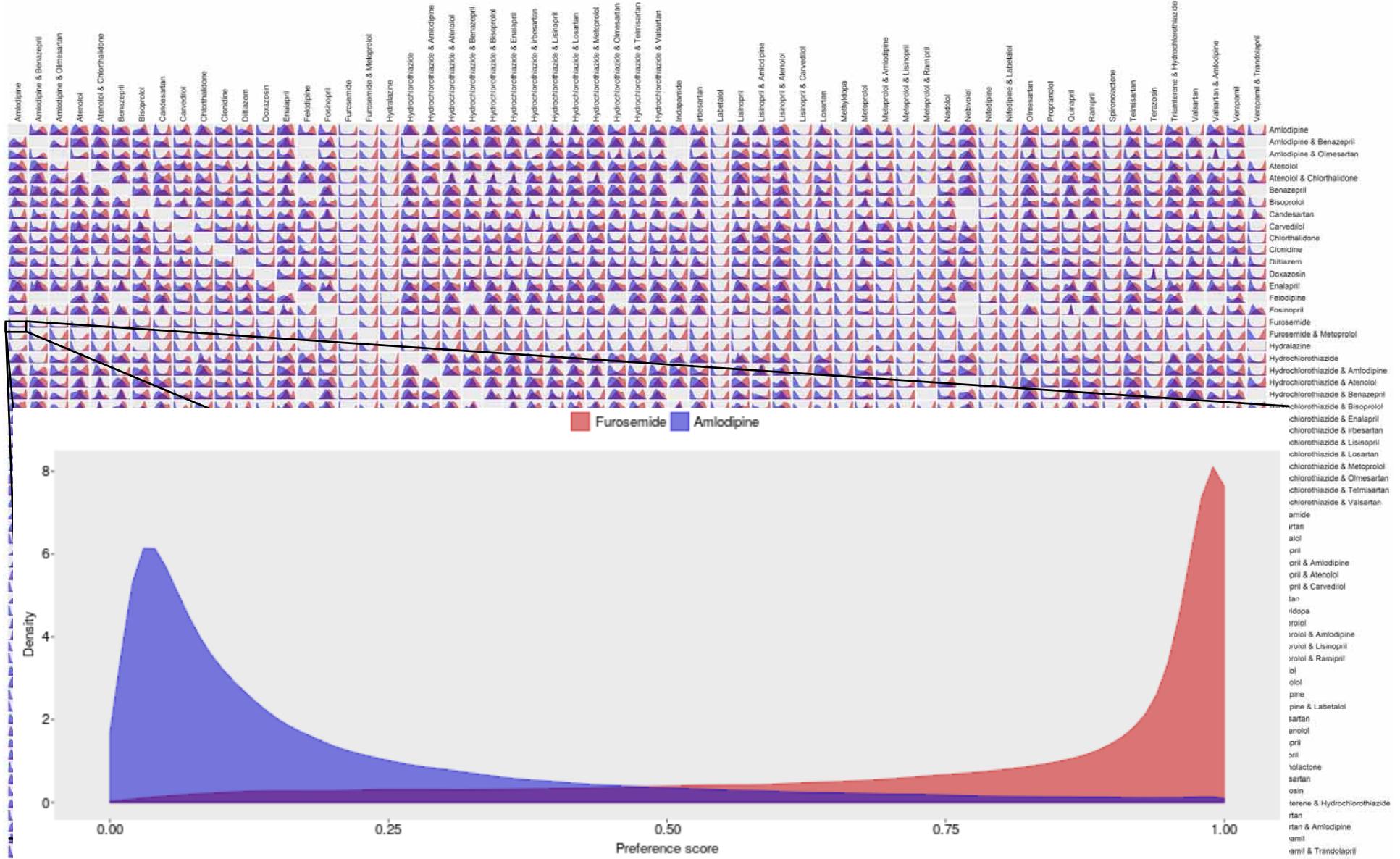


# Each hypothesis a fully executed trial





# Not all comparisons are valid



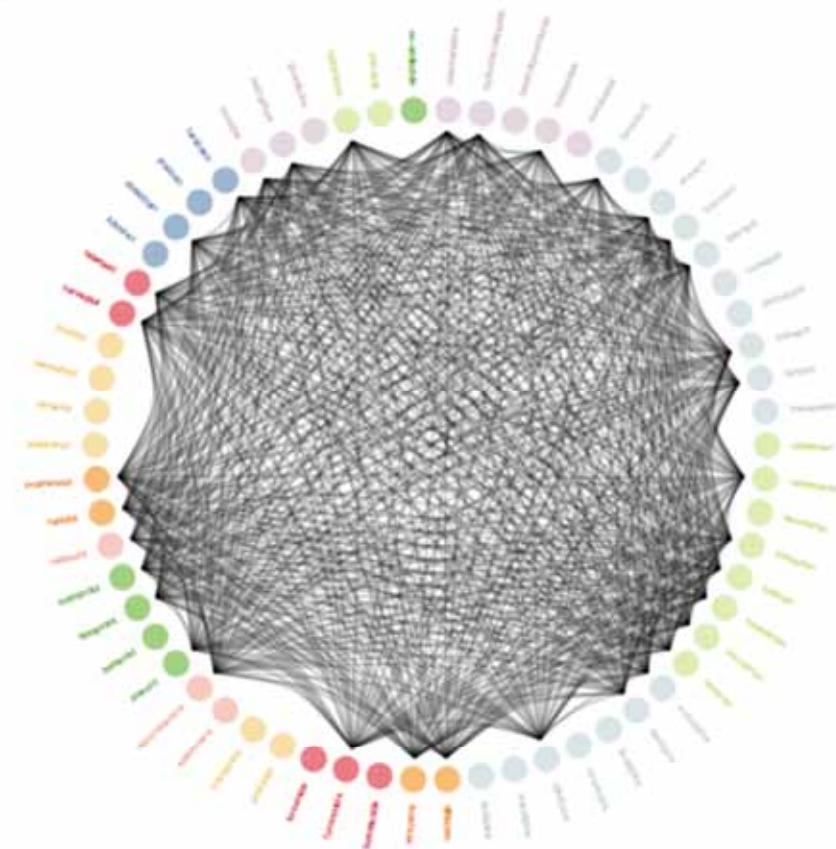


# LEGEND knowledge base for hypertension

## Head-to-head HTN drug comparisons



- Trials: 40
- $N = 102 - [1148] - 33K$

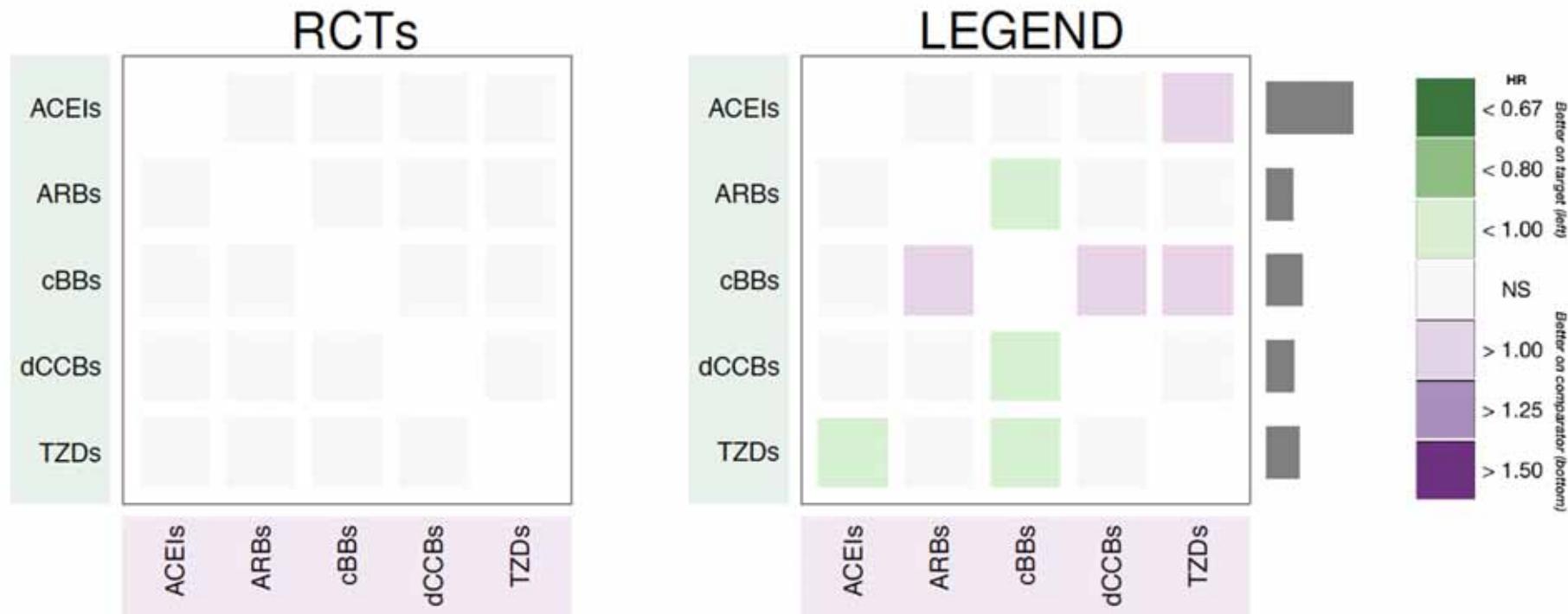


- Comparisons: 10,278
- $N = 3502 - [212K] - 1.9M$



# First-line agents: comparisons from LEGEND

Efficacy outcome: **myocardial infarction**, heart failure, stroke

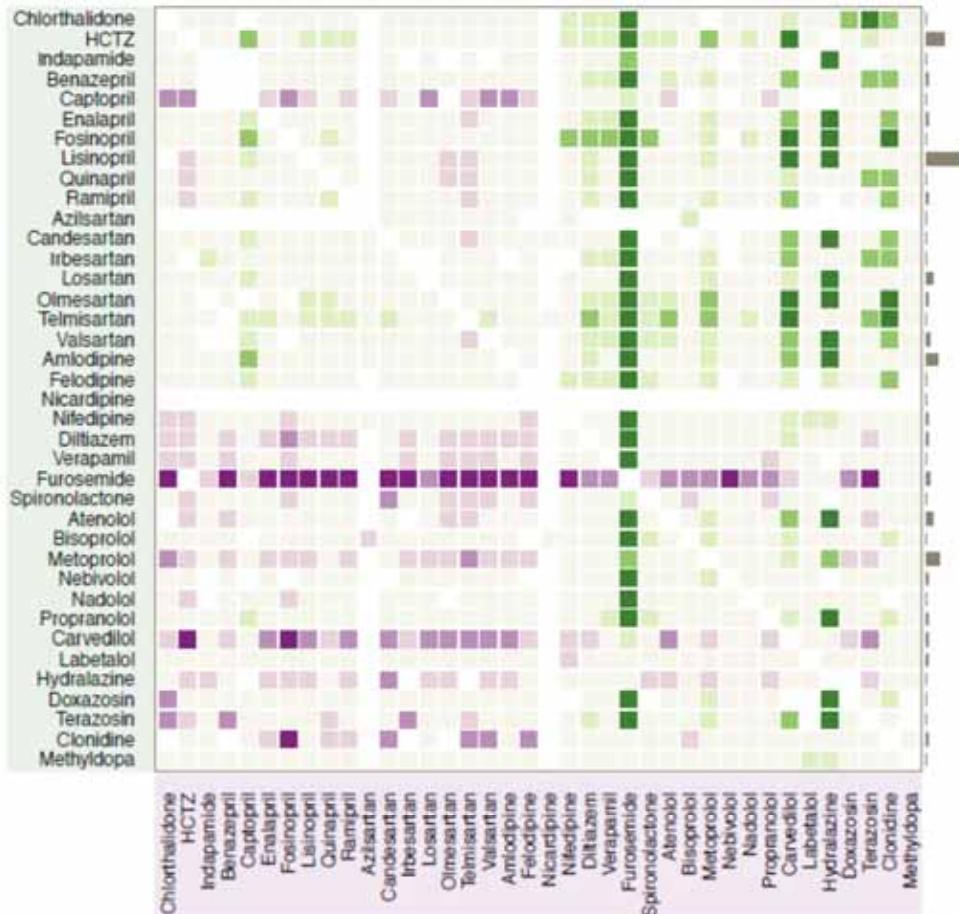


Data source: meta-analysis, ~ 1 – 2M total patients per study

- Beta blockers underperform alternatives
- Unexpected: TZDs > ACEIs. Reliable?



# Cardiovascular efficacy by drug



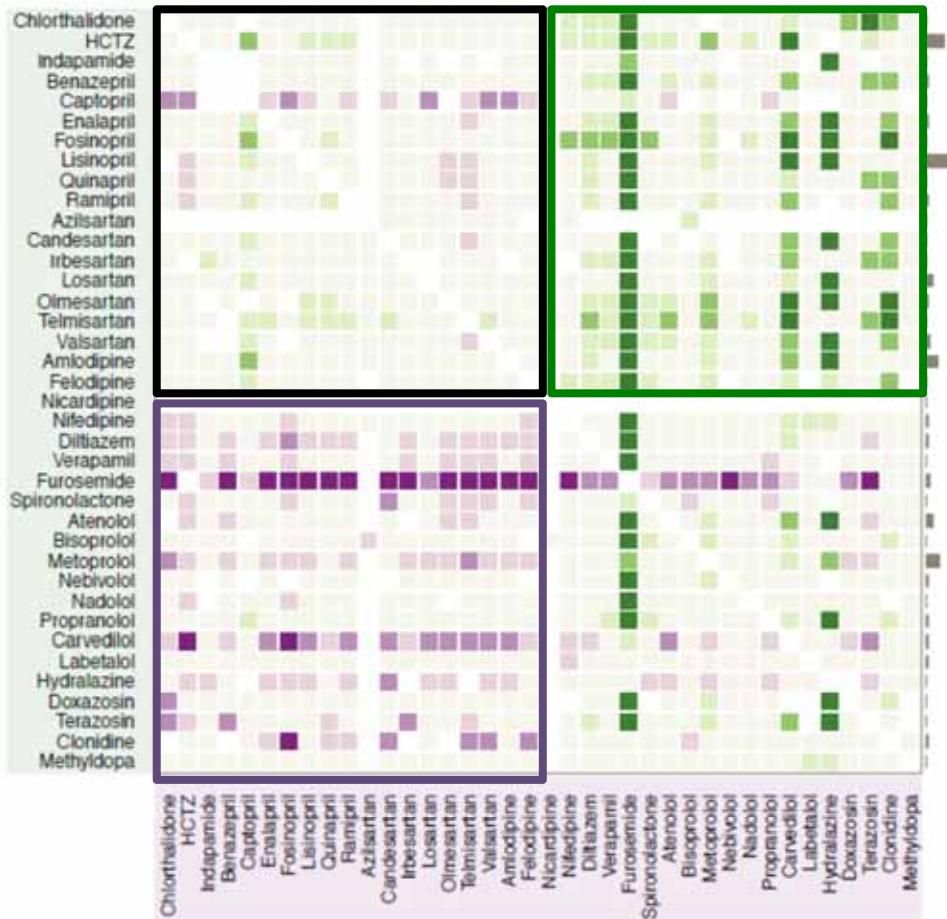
Prescriptions are not written at the class-level; must choose an individual drug for the patient

- 1<sup>st</sup>-line > 2<sup>nd</sup>-line
- Some within-class differences failed diagnostics, e.g. captopril

Composite (MI, HF, stroke) outcome in meta-analysis



# Cardiovascular efficacy by drug



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Composite (MI, HF, stroke) outcome in meta-analysis



# Chlorthalidone versus hydrochlorthiazide: risk of MI

## Risk estimates and meta-analysis across LEGEND databases:

Analysis	Data source	HR	LB	UB	P	Cal.HR	Cal.LB	Cal.UB	Cal.P
PS stratification, on-treatment	CCAE	0.65	0.33	1.14	0.17	0.66	0.37	1.19	0.18
PS stratification, on-treatment	Meta-analysis	0.79	0.54	1.16	0.24	0.81	0.56	1.17	0.30
PS stratification, on-treatment	Optum	0.90	0.52	1.44	0.67	0.93	0.57	1.53	0.82
PS stratification, on-treatment	Panther	0.98	0.05	5.06	0.99	0.91	0.26	3.42	0.96

Showing 1 to 4 of 4 entries

Previous 1 Next

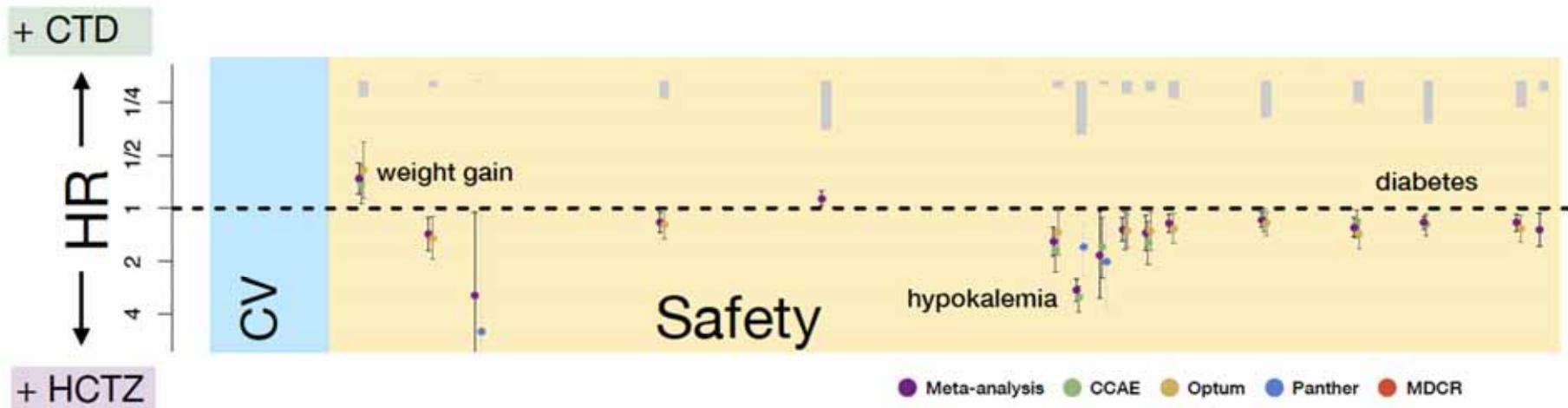
[Power](#) [Systematic error](#) [Subgroups](#)

**Table 1a.** Number of subjects, follow-up time (in years), number of outcome events, and event incidence rate (IR) per 1,000 patient years (PY) in the target (*Chlorthalidone*) and comparator (*Hydrochlorthiazide*) group after stratification, as well as the minimum detectable relative risk (MDRR). Note that the IR does not account for any stratification.

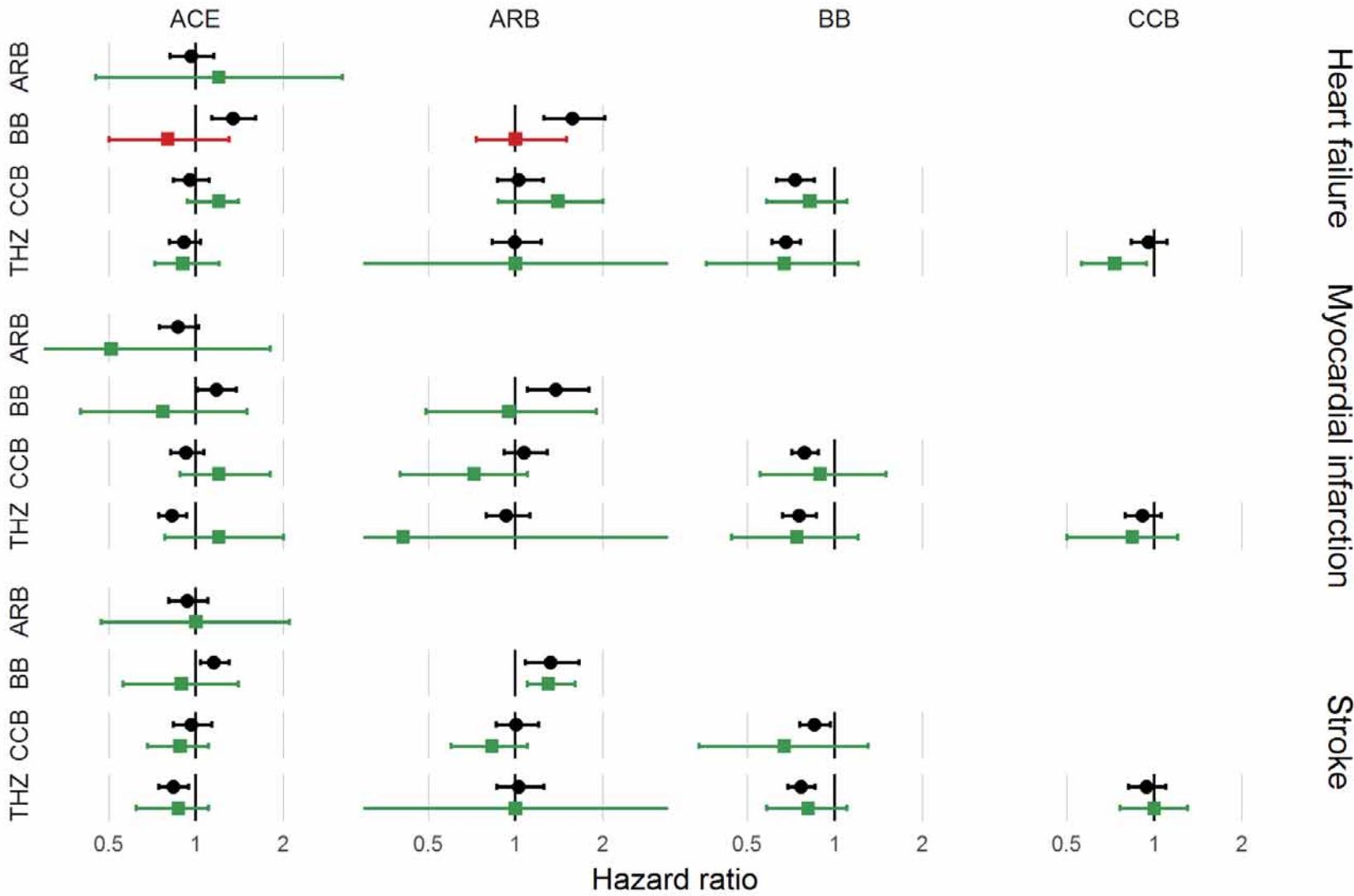
Target subjects	Comparator subjects	Target years	Comparator years	Target events	Comparator events	Target IR (per 1,000 PY)	Comparator IR (per 1,000 PY)	MDRR	i2
25,566	528,202	14,047	339,516	<32	819	<2.28	2.41	>1.58	0.00



# CTD vs. HCTZ: safety profile



- Safety favors HCTZ – electrolyte imbalance
- CTD is more potent, longer half-life

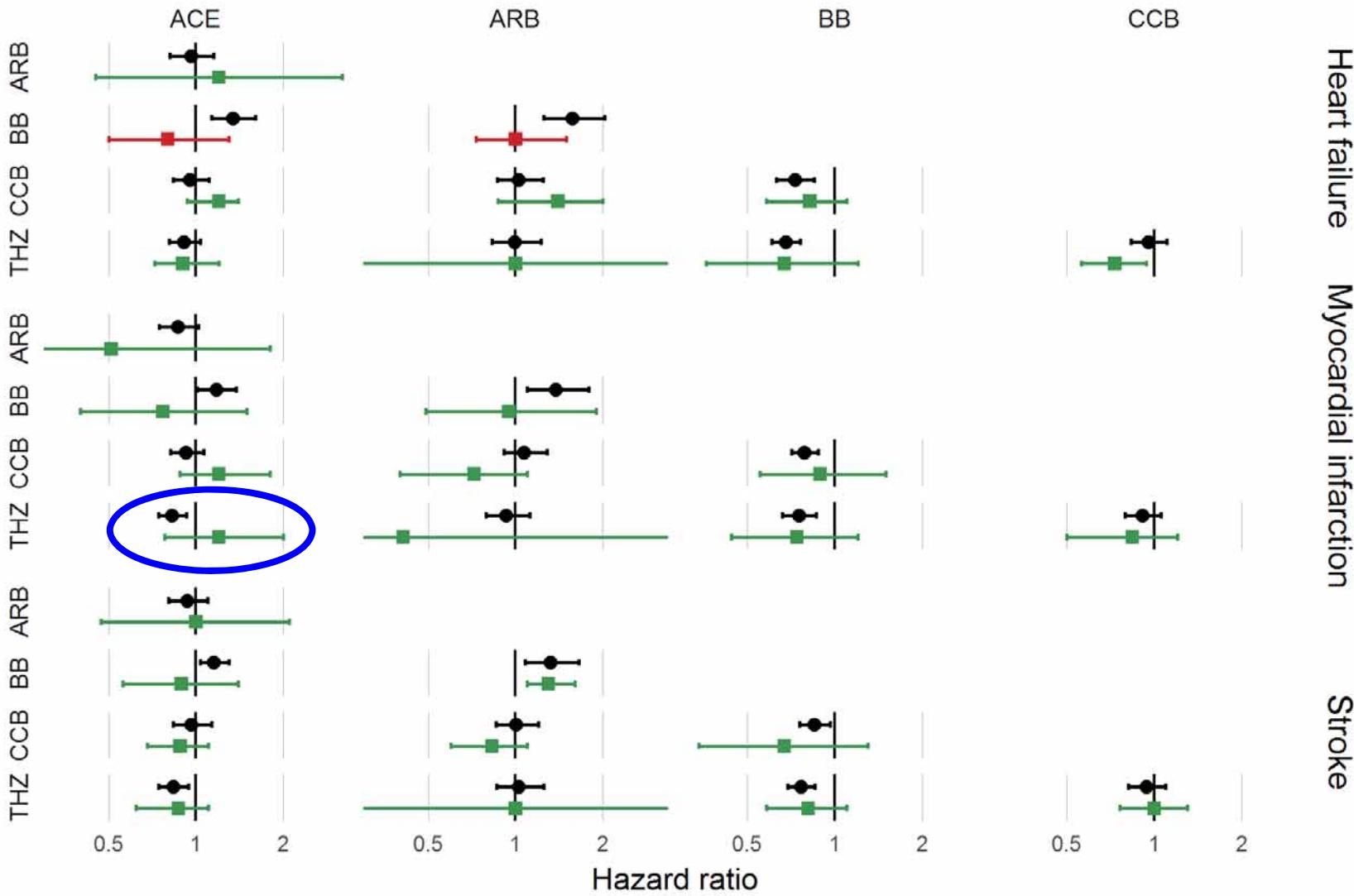


#### Source

- LEGEND meta-analysis
- Direct meta-analysis

#### Concordance

- Reference
- Estimates in agreement
- Statistically significant difference ( $p < 0.05$ )



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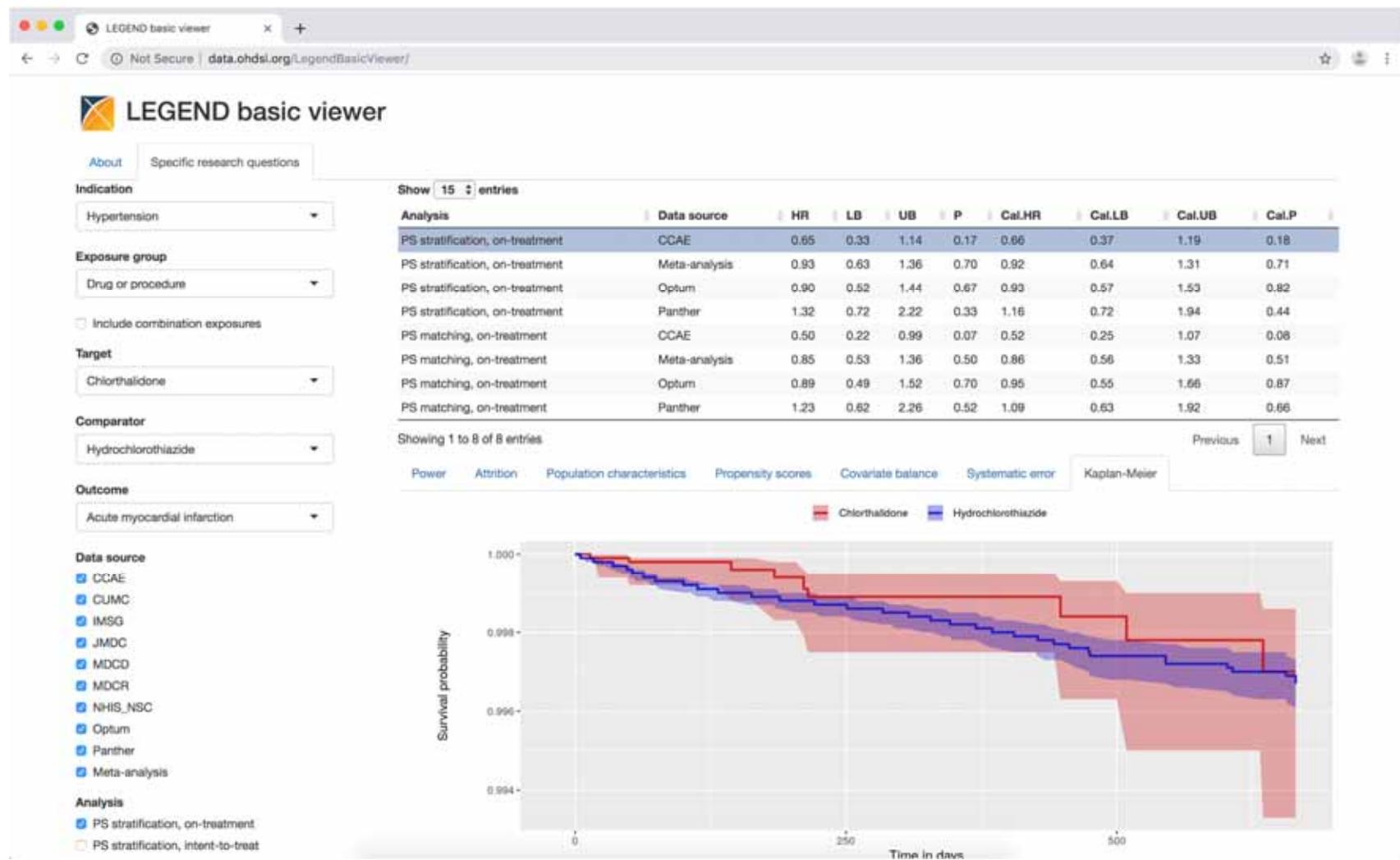
# Clinical lessons for hypertension

- OHDSI evidence concordant with RCT meta-analysis
  - Where RCTs exist
  - Larger samples, more diversity, narrower confidence intervals
- Largely supports US guideline
  - First line drugs superior to second
  - Beta blockers not first line (unlike European)
- ACE inhibitors inferior to thiazide diuretics
  - 48% of world starts on ACEi
  - Avoid 1.3 cardiovascular events per 1000 patients (HR = 0.84)
  - Accepted to Lancet



# OHDSI open results

- [data.ohdsi.org](https://data.ohdsi.org) (500K studies)



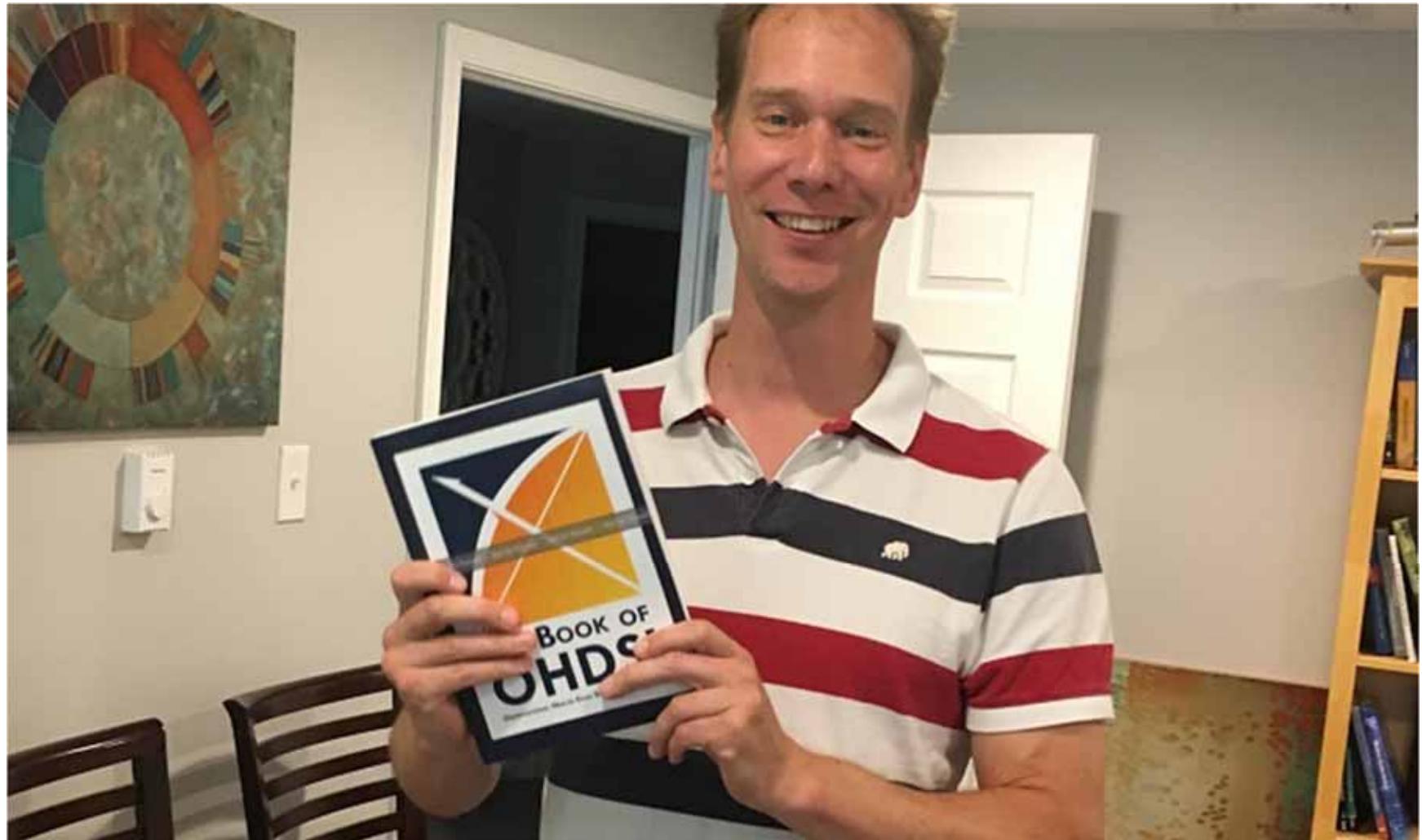


# Conclusions

- It is feasible to create an enormous international research network
- Sites willing to participate despite privacy ...
- Nearing 1/10<sup>th</sup> world population
- Completely open: Data model, methods, tools
- Concrete approach to address the credibility crisis
- **Must change the way we do observational research**
  - Large scale to measure and improve reproducibility



# Book of OHDSI





## Upcoming meetings

- 2019 OHDSI Symposium
  - 15-17 September 2019
  - Near Washington, DC
    - Bethesda, Maryland, USA
  - No registration fee
- 2020 European OHDSI Symposium
  - 27-29 March 2020
  - University of Oxford, UK



*OHDSI.org*